



NOT BORING CE'S
CONTINUING EDUCATION
FOR THERAPISTS

Amelia Knott

Amelia Knott is an art psychotherapist who specializes in the mental health impacts of hustle culture and the attention economy. She runs a private practice offering clinical art therapy, groups, and open studios. Amelia describes herself as 'chronically online', using social media to challenge the status quo of the wellness industry and advocate for digital ethics and creativity as a force for healing. She is currently writing a book about wellbeing in the digital age which will be published in Fall 2024. Amelia is a member of the Canadian Art Therapy Association and the College of Registered Psychotherapists of Ontario.



Courses

Art Therapy Basics
Social Media Ethics

Resources

- [Art Psychotherapy](#) - Harriet Watteson
- [Art Therapy Theories; A Critical Introduction](#) - Susan Hogan
- [The Art Therapy SourceBook](#) - Cathy Malchiodi
- Research Outcomes Bibliography - The American Art Therapy Association