



# MICHELLE F. MOSELEY, MS, LCMHC, NCC, BC-TMH

Licensed Clinical Mental Health Counselor

## ABOUT ME

I believe that ALL bodies deserve respect, compassions, and access to mental and physical healthcare. I provide mental health counseling via telehealth to folks located in North Carolina. My approach to counseling is client-centered, trauma-informed, attachment-based, and weight-inclusive.

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## EDUCATION

**Master of Science  
Clinical Mental Health Counseling**  
University of North Carolina at Greensboro  
2014-2016

**Bachelor of Arts  
Religious Studies / Psychology**  
Wake Forest University  
1998-2002

## SPECIALITIES

Religious Trauma / Spiritual Abuse  
Body Image Concerns  
Anxiety / Greif / Life Transitions

## THERAPEUTIC MODALITIES

Brainspotting  
EMDR  
Narrative Therapy  
Dialectical Behavior Therapy  
Motivational Interviewing

## WORK EXPERIENCE

- Feb 2019- Present  
Michelle F. Moseley Counseling, PLLC  
**Licensed Clinical Mental Health Counselor**  
Provide individual and group counseling services to individuals located in NC, supporting them in overcoming trauma and increasing mental wellness.  
Provide educational workshops on topics related to mental health, religious trauma, and body mindfulness.  
Provided services as an independent contractor within a group practice from February 2019-January 2021.
- Jan 2017 - Jan 2019  
Daymark Recovery Services  
**Human Services Clinician**  
Completed Comprehensive Clinical Assessments as part of a walk-in clinic.  
Provided individual and group counseling services to clients.
- 2015 - 2016  
Guilford College Counseling Center  
**Counseling Intern**  
Provided short-term counseling services to college students.  
Co-facilitated group therapy for students facing substance-related concerns.
- 2006-2013  
Cru (formerly Campus Crusade for Christ)  
**Campus Staff**  
Provided mentorship to college students.  
Facilitated small group book studies and discussions.  
Provided administrative support to staff team.

**References available upon request**