

Ann Robinson, LCSW
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Education

MASTER'S IN SOCIAL WORK | 08/2015-05/2017 | COLORADO STATE UNIVERSITY

- Social Work: Advanced Generalist Practice
- Senior Researcher: Provider Accessibility; Designed and developed a process evaluation to determine consumer access to behavioral healthcare in partnership with the Colorado Office of Behavioral Health for high-risk and high-priority populations.
- HRSA Behavioral Health Workforce Education and Training for Professionals Project (BHWETP) Grand Recipient for students who commit to working with at-risk children, youth, and their families in prevention and intervention work.

BACHELOR OF ARTS | 08/2010-05/2013 | UNIVERSITY OF NORTHERN COLORADO

- Major: Political Science
- Minor: Psychology
- Related coursework: Spanish Language

AFFILIATIONS

- National Association of Social Workers (NASW)
- National Association of Social Workers of Colorado regional board member 2022-2024
- School Social Work Association of America (SSWA)
- Yoga Alliance: Registered Yoga Teacher

LICENSE INFORMATION

- Colorado Department of Regulatory Agencies CSW.09926130
- Colorado Department of Education: Specialized Service Provider 288099

Experience

OUTPATIENT THERAPIST | 09/2019-PRESENT

Outpatient clinician for children, adolescents, and adults in Northern Colorado ages 5+. Specialization in trauma-informed therapeutic approaches, working with adolescents and adults.

MENTAL HEALTH SPECIALIST | POUFRE SCHOOL DISTRICT | 09/2019-06/2022

School-based clinician providing assessment for students experiencing an acute mental health crisis and ongoing services for clients with mild to moderate mental health needs. Also served the school district through professional development initiatives, including supporting educators in learning about trauma-informed practices, Youth Mental Health First Aid, QPR, and a racial affinity group to explore racial identities, disparities, and inclusive approaches.

SCHOOL SOCIAL WORKER | WELD COUNTY SCHOOL DISTRICT 6 | 11/2018-09/2019

Grant program development addresses substance use and behavioral health needs in six targeted secondary schools. A needs assessment was developed, and programming was researched and developed with outcomes to support the behavioral health needs of students in Greeley, Colorado.

FAMILY DEVELOPMENT SPECIALIST | SPECIALIZED ALTERNATIVES FOR FAMILIES AND YOUTH | 10/2014- 09/2018

Programmatic development and implementation for Treatment Foster Care. This includes identifying new funding avenues, community partnership, and collaboration, as well as training, developing, and supporting new foster families through evidence-informed curricula and ongoing support. Responsible for identifying and implementing cutting-edge trauma-informed care practices and identifying and cultivating new community partnerships in Larimer, Weld, Boulder, Broomfield, Jefferson, Arapahoe, and Douglas Counties.

COMMUNITY LIFE CENTER DIRECTOR | THE MATTHEWS HOUSE | 01/2012-10/2014

Managed and supervised over 9 FTE and 35 unduplicated weekly volunteers at a facility that provided free recreation, education, and case management services—managed a contracted budget of over \$250,000 annually and over \$35,000 of discretionary funds. Responsible for identifying new service line opportunities, developing outcome measurements, and tracking systems, and cultivating new community partnerships.

VICTIMS ADVOCATE | CROSSROADS SAFEHOUSE | 07/2010-12/2011

In-person and on-call support for women and children who identified as victims of domestic violence in Larimer County and the state of Colorado. We have provided crisis support and intervention. Engaged new community partners to provide parenting education groups to families residing at Crossroads Safehouse and co-facilitated Incredible Years parenting group with the local community mental health care provider in Larimer County.

EDUCATION COORDINATOR | PLANNED PARENTHOOD OF THE ROCKY MOUNTAINS | 10/2005-11/2009

Provided comprehensive, age-appropriate sexual health education to individuals. Performed essential clerical duties and served as an educational facilitator within the clinic and community through the “Dollar a Day” program, which served as peer support and educational program for high-risk adolescent females to encourage safe relationships and sexual practices at Centennial High School.

RELEVANT TRAINING AND CERTIFICATIONS

2023

- 10/2023: EMDR Advanced Training: I-Gaze Protocol for Attachment

2022

- 02/2022: EMDR of the Rockies: Eye Movement Desensitization and Reprocessing Training
- 02/2022: Resonant Cognitive Interweaves: From Gestalt Empty Chair to the Healing Power of Music & Lyrics
- 03/2022: Integrating Jungian Dream Strategies with EMDR Therapy
- 04/2022: EMDR Flash Technique
- 06/2022: Internal Family Systems Circle
- 08/2022: DBT Facilitator Training
- 10/2022: Somatic Integration and Processing in Clinical Application

2021

- 01/2021: University of Denver: Beyond the Color Line
- 03/2021: Somatic Practices for Healing Trauma: CIIS; Manuela Mischke-Reeds
- 04/2021: University of Houston: Social Work, White Supremacy & Race: *Addressing racism within the social work profession: reflections on our past and present*

2020

- 05/2020: Trauma-Focused Cognitive Behavioral Therapy Certificate
- 11/2020: Movement for Trauma, Somatic Based Interventions
- 11/2020: Colorado Department of Education: Diversity, Equity and Inclusion Training

2019

- 03/2019: Non-Violent Crisis Prevention and Intervention Certified Trainer: Crisis Prevention Institute
- 03/2019: Dialectical Behavioral Therapy Certificate
- 03/2019: Cognitive Behavioral Therapy Certificate
- 08/2019: Internal Family Systems Certificate

2018

- 04/2018: Mindfulness-Based Stress Reduction (MBSR): Elena Rosenbaum, LISW PESI
- 06/2018: Sources of Strength Certified Trainer
- 06/2018: Youth Mental Health First Aid Certified Trainer: Mental Health First Aid
- 07/2018: Transformative Educational Leadership: Omega Institute
- 07/2018: Mindfulness in Education: Omega Institute
- 12/2018: Certified Yoga Instructor and Social Emotional Learning Facilitator: Breath for Change

2017

- 10/2017: SAFE Home Study Advanced Skills Training
- 10/2017: Trauma-Focused Cognitive Behavioral Therapy

2016

- 03/2016: Trauma Sensitive Yoga Certification, Morgan Vander Pool, LCSW, The Trauma Center of Justice Resource Institute, Boston, MA
- 05/2016: Trauma-Informed Parenting for Safety and Permanence, Certified Trainer: Child Alliance

2015

- 09/2015: Secondary Traumatic Stress Training, Dr. Jim Henry, Child Trauma Assessment Center
- 10/2015: Non-Violent Crisis Prevention and Intervention Certified Trainer: Crisis Prevention Institute
- 10/2015: SAFE Home Study Certified Provider

2014

- 11/2014: Advanced Motivational Interviewing, Avani Dilger, LPC, MINT Certified Instructor
- 12/2014: Resource Parent Curriculum Certified Trainer, Dr. Jim Henry, National Child Traumatic Stress Network

2012

- 10/2012: Family Wellness Curriculum, Certified Trainer
- 10/2012: Incredible Years Certified Trainer
- 10/2012: Reflective Supervision Training
- 10/2012: Motivational Interviewing, Avani Dilger, LPC, MINT Certified Instructor