

Jenet DOVE

Psychotherapist

I help over functioning perfectionists find balance and live life authentically.



Work Experience

Jenet Dove Counseling Services, PLLC | 2022 - Present

Owner & Psychotherapist

- Provide exemplary clinical services to individuals who struggle with burnout and depression.
- Utilize attachment theory, trauma informed CBT and shame based interventions (The Daring Way) to support clients with their mental health needs.
- Keep abreast of new and developing information in the mental health field through professional development.

Eddins Counseling Group | 2017 - 2021

Licensed Professional Counselor- Associate

- Provide individual, marital and premarital therapy to a wide variety of clientele.
- Establish relationships with patients that allow them to receive the best possible care, while maintaining professional boundaries and respecting confidentiality.

Other Experience

Newsela | 2019 - 2021

Regional Customer Success Manager

Promethean | 2017 - 2019

Education Consultant

Alief ISD | 2012 - 2016

Teacher

Education

Bachelor of Science

University of Texas at Austin | 2004-2008

Master of Education

University of Houston | 2014 - 2016

Expertise

- Attachment Theory
- Perfectionism
- Imposter Syndrome
- The Daring Way
- Trauma Informed Therapy

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