



NOT BORING CE'S
CONTINUING EDUCATION
FOR THERAPISTS

Jenet Dove

Jenet Dove is a Licensed Psychotherapist and the owner of Jenet Dove Counseling Services. With over 7 years of experience, her counseling practice focuses on helping individuals who are struggling with perfectionism and burnout, and who are ready to explore the possibilities of finding peace in their lives.

Jenet began her own journey towards inner peace more than a decade ago and hasn't looked back since. Through therapy, she was able to reframe her own story of perfectionism, overcome unhealthy self-perceptions, and rebuild her self-worth. She brings this philosophy into every interaction, connection, and decision she makes, valuing her own worth and skills, maintaining healthy boundaries, and supporting others in their healing journey.

Jenet believes that her approach has brought her a sense of peace and sustainability in both her professional and personal life. She is eager to share her insights and support others on their path towards healing.



Courses

Perfectionism From a Clinical Lens

Resources

The Daring Way Certification Program
The Gifts of Imperfection- Brene Brown
The Power of Vulnerability- Brene Brown
Attachment Theory- John Bowlby

Strategies of Disconnection as developed by Linda Hartling
Dr. Kristen Neff's work in Self Compassion