

ELIZABETH R. GILLETTE, LCSW
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<p>EDUCATION and LICENSURE</p>	<p>North Carolina Clinical Social Work Licensure Masters of Social Work, Direct Practice with Health Focus, University of Washington <ul style="list-style-type: none"> Studied several topics in depth, including clinical practice, practice with multigenerational families, trauma, chemical dependency, self-care practices, and rural healthcare. Bachelors Degree, Women's Studies and Psychology, University of Michigan</p>
<p>RESEARCH and PUBLICATIONS</p>	<p><i>Attachment Theory Workbook for Couples</i>, Rockridge Press, 2022</p>
<p>SOCIAL WORK EXPERIENCE August 2015-present</p>	<p>Heirloom Counseling, Asheville, NC Owner and Mental Health Therapist in Private Practice</p> <ul style="list-style-type: none"> Provide assessment, formulate diagnoses, help identify goals, and provide trauma attachment-informed therapy services for pregnant and postpartum individuals, couples, and families.
<p>April 2011-July 2016</p>	<p>Family Preservation Services, Inc., Asheville, NC Supervisor of Perinatal Support Program and Young Child Program</p> <ul style="list-style-type: none"> Provide assessment, formulate diagnoses, help identify goals, and provide appropriate therapy services for pregnant and postpartum women, children and families with histories of health issues, trauma (acute and chronic), low-income, separation, significant life transitions, loss, issues with primary support group, disruptive behavior, adjustment issues, depression, anxiety, and learning disabilities both in educational settings and in the home. Develop program and increase access in the community, coordinate referrals, and provide community psychoeducation about the effects of perinatal mood and anxiety disorders and early childhood trauma on development and mental health throughout the lifespan. Provide supervision and mentoring to provisionally licensed clinical social workers, Master's level interns as well as program staff to facilitate appropriate assessment, interventions, and reflection upon clinical practices. Previous positions at this agency include School-Based Therapist, School-Based Coordinator, Intensive In-Home Lead Clinician, and Outpatient Therapist
<p>August 2010-April 2011</p>	<p>Mission Health System, Asheville, NC Social Worker/Discharge Planner in Cardiovascular Surgery and Medical Cardiology</p> <ul style="list-style-type: none"> Perform biopsychosocial assessments to make appropriate referrals and assist with transitions. Provide financial resources and medication assistance, and help to facilitate safe and appropriate hospital discharges to various community organizations including skilled nursing facilities, adult family homes, substance abuse treatment programs, and hospice and palliative care centers. Provide emotional support and counseling to patients and families in the midst of changing and often grim medical diagnoses. Administer brief therapeutic interventions and make referrals to community providers for continued treatment if desired.
<p>September 2009 – June 2010</p>	<p>Evergreen Hospital Medical Center, Kirkland, WA Medical Social Worker (Intern), 24 hours per week</p> <ul style="list-style-type: none"> Perform social work assessments, assess patient and family needs, provide financial resources, and offer emotional support on several hospital units, including antepartum labor and delivery, neonatal intensive care, oncology, and general medical-surgical. Meet with families to create a safe discharge plan from the hospital, and coordinate discharge plans with skilled nursing facilities, adult family homes, substance abuse treatment programs, and in-home care agencies to provide continuity of care for patients and families.

