

# **Rebecca Ogle, MSW, LCSW**

Licensed Clinical Social Worker, Psychotherapist

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Indianapolis, IN 46228  
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## **Education**

### **Loyola University Chicago, Chicago, IL**

May 2014

Master of Social Work, Mental Health Specialization

### **Earlham College, Richmond, IN**

May 2011

Bachelor of Arts in English Literature

## **Social Work Experience**

### **Grounded Counseling, PLLC, Chicago, IL**

July 2019 - Present

*Owner & Psychotherapist*

- Assessing and diagnosing adult clients
- Treating clients with mental illnesses and adjustment disorders in individual therapy
- Using trauma-informed, anti-oppressive interventions based in Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, mindfulness, and other modalities
- Facilitating a bi-weekly support group for social workers
- Providing fee-based, individual clinical supervision to social work students as needed

### **Kenneth Young Center, Elk Grove Village, IL**

July 2017 - July 2020

*Adult Therapist, Medical Case Manager, and Intern Supervisor*

- Provided individual and couples psychotherapy to a diverse caseload of adults
- Updated assessments and treatment plans for a caseload of 100+ psychiatry patients, and providing case management and linkage as needed
- Clinically supervised a group of six Master of Social Work students
- Supervised one Master's level intern per year

### **Thresholds, Chicago, IL**

January 2016 - July 2017

*Intake Specialist*

- Engaged, assessed, and linked adults with severe mental illnesses in inpatient psychiatric and community settings
- Communicated with hospital social workers, Thresholds team members, Illinicare case owners, and other collateral supports to ensure the best quality of linkage services

### **Sertoma Centre, Matteson, IL**

May 2014 - December 2015

*Qualified Mental Health Professional*

- Provided therapy and one-to-one psychosocial support to a caseload of consumers with mental illnesses, trauma histories, and/or intellectual and developmental disabilities
- Facilitated psychoeducational groups on topics related to mental health management
- Supervised Occupational Therapy students on a short-term basis

