



NOT BORING CE'S
CONTINUING EDUCATION
FOR THERAPISTS

Rebecca Ogle

Rebecca Ogle, LCSW, is a queer, white, cisgender woman with nearly a decade of experience in clinical social work. Known for her warmth, humor, and approachability, she specializes in supporting trauma survivors, 'black sheep,' cycle disruptors, and those working on boundaries and self-esteem. Dedicated to serving the LGBTQ+ community, Rebecca provides therapy through an abolitionist, anti-oppressive lens.



Courses

Trauma-Informed Mindfulness

Resources

- "Decolonizing Therapy" by Dr. Jennifer Mullan
- "My Grandmother's Hands" by Resmaa Menakem
- "Complex PTSD: From Surviving to Thriving" by Pete Walker
- "Wherever You Go, There You" by Jon Kabat Zinn
- <https://davidtreleaven.com/>



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Elizabeth Gillette

Elizabeth Gillette, LCSW, is an adult attachment specialist with over 13 years of experience in helping clients forge secure, healthy relationships. Through her therapy and coaching practices, she guides individuals in breaking old patterns and establishing connections grounded in integrity. Author of the "Attachment Theory Workbook for Couples," Elizabeth believes in the healing power of connection, community, and simple joys like long walks and warm cups of tea.



Courses

Therapist Attachment Style in Session

Resources

"The Power of Attachment" by Diane Poole Heller

"Hold Me Tight: Seven Conversations for a Lifetime of Love" by Sue Johnson

"No Bad Parts" by Richard Schwartz



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Emily Maynard

Emily Maynard is a Licensed Marriage and Family Therapist in California. Her clinical work focuses on supporting people who have experiences with religious trauma, harmful faith and family dynamics, high control groups, and dysfunctional Christian workplaces. Emily earned a MA in Clinical Psychology from Pepperdine University, and has 5 years of experience as a therapist. She is certified in EMDR Therapy (EMDRRIA).



Courses

Harmful Christian Communities & Workplaces

Resources

Religious Trauma Institute: <https://www.religioustraumainstitute.com/>

Journey Free: <https://www.journeyfree.org/>

International Cultic Studies Association: <https://www.icsahome.com/>

Coalition for Responsible Home Education: <https://responsiblehomeschooling.org/>

Reclamation Collective: <https://www.reclamationcollective.com/>

When Religion Hurts You, by Laura E. Anderson, PhD (2023)

Leaving the Fold, by Marlene Winell, PhD (2006)

Sacred Wounds, by Teresa Mateus (2015)

Terror, Love, & Brainwashing, by Alexandria Stein (2021)