

# AISLINN KELLY BURKE

## CURRICULUM VITA

Email: aislinn@willowshorecounseling.com

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### EDUCATION

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#### **M.S.**

December 2004, Marriage and Family Therapy, Brigham Young University.  
Provo, Utah, USA

#### **Thesis**

The Relationship Between Coping Skills and Marital Satisfaction of Parents with a Child with Autism.

(Chair: Wendy L. Watson)

#### **B.A.**

1999, Psychology with Distinction, University of Alberta  
Edmonton, Alberta, Canada

### PROFESSIONAL EXPERIENCE

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#### **January 2019 to present**

##### **Willow Shore Counseling, LLC**

Lehi, Utah, USA

- Owner and operator of Willow Shore Counseling, LLC
- Direct therapy for individual, family and marital therapy

#### **May 2013 to December 2018**

Center for Change

Therapist

Orem, Utah, USA

- Direct client contact, including individual, family and group therapy
- Assessment documentation at intake
- Development of master treatment plans, case notes and other required documents
- Participation in weekly treatment team meetings
- Promotion of trust, care, and openness with the team
- Supervision of unlicensed Marriage and Family Therapists
- Licensed Marriage and Family Therapist

**January 2008 to May 2013**

Supervising Therapist

Provo Canyon School  
Provo, Utah, USA

- Monitoring of assigned team therapists job performance
- Communicates and trains assigned team therapists on school policies and regulations per school policy
- Counsels and reports on performance of assigned line therapists
- Attends manager meetings, assists with public relations, and acts as member of admissions committee
- Assists Executive Director and assumes responsibilities in his/her absence
- Provides support to parents, legal guardians, and/or case managers in resolving concerns regarding school policies when team therapist is not available
- Other therapeutic and documentation duties listed below as Team Therapist/Social Worker

**October 2005 to January 2008**

Team Therapist/Social Worker

Provo Canyon School  
Provo, Utah, USA

- Direct client contact, including individual, family and group therapy
- Assessment documentation at intake
- Development of master treatment plans, case notes and other required documents
- Communication with school districts, case managers, court or parole officers, Third Party Payors, referral sources, and others as indicated
- Participation in weekly treatment team meetings
- Interaction with substance abuse counselor, recreational therapist and team coaches in team activities and events
- Promotion of trust, care, and openness with the team
- Development and implementation of club based program
- Licensed Marriage and Family Therapist

**September 2004 to May 2005**

Psychology Intern

University of Calgary Family Therapy Centre  
Calgary, Alberta, Canada

- Direct client contact, including individual and family therapy
- Case Presentations
- Participation in therapeutic reflecting teams
- Training medical professionals on Dr. Karl Tomm's Interventive Interviewing technique
- Weekly case consultation with supervisor and writing up case notes

- Attendance at weekly training seminars with Dr. Karl Tomm and staff

**September 2002 to August 2004**

MFT Student Intern

BYU Comprehensive Clinic

Brigham Young University, Provo, Utah, USA

- Direct client contact, including individual, marital and family therapy
- Case preparation and weekly case consultation with supervisor
- Writing up case notes and updating client files
- Administering basic assessments to clients, including the Beck Depression Inventory, Revised Dyadic Adjustment Scale and the OQ-45.

**May 2003 to July 2004**

Intake Officer

Brigham Young University Comprehensive Clinic

Supervisor: Dean Barley

Provo, Utah, USA

- Assessing appropriateness of clients for the Comprehensive Clinic
- Assessing clients' problems ensuring the receiving therapist has enough information to initiate the case
- Providing emergency intervention if needed
- Assisting with organization of data collection and attending weekly team meetings

**September 2001 to August 2002**

Early Interventionist Therapist

Society for Treatment of Autism

Calgary, Alberta, Canada

- Behavioral therapy for children diagnosed with autism
- Integrating child into preschool sites
- Generating daily and weekly schedule for child

**August 2000 to August 2001**

Clinical Supervisor

Family Linkages Foundation of Alberta

Edmonton, Alberta, Canada

- Training and supervising behavioral therapists working with children with autism
- Coordinating and leading team meetings on a bimonthly basis with parents and therapists
- Functional assessments of behavior
- Working in a team approach involving Speech Pathologists, Occupational Therapists, Music Therapists, and Clinical Consultants

**July 1999 to August 2000**

Behavioral Therapist

Family Linkages Foundation of Alberta

Edmonton, Alberta, Canada

- Intensive Behavioral Therapy (I.B.I) for children diagnosed with autism
- Recording case notes
- Collaboration with Speech Pathologists, Occupational Therapists, Music Therapists and Clinical Supervisor

## **LICENSURES**

Marriage and Family Therapist 6030339-3902	2007- Present
Approved Supervisor for Marriage and Family Therapist - Utah	2010-Present
Certified Eating Disorder Specialist (CEDs-S)	2018-Present

## **EATING DISORDER CONTINUING EDUCATION**

*iaedp National Conference*  
2022 20 CEUs

*The Center for Change National Eating Disorder Conference for Professionals*  
2019 6.5 CEUs

*The Center for Change National Eating Disorder Conference for Professionals*  
2018 6.5 CEUs

*Eating Disorder Healing Through Experiential Therapy: Psychodrama and Sociometry*  
2018 1 CEUs

*iaedp Utah Chapter, Identifying and Treating Eating Disorders Across the Lifespan*  
2017 4 CEUs

*Addressing Medical & Psychological Complications of Eating Disorder*  
2017 1 CEU

*The Center for Change National Eating Disorder Conference For Professionals*  
*Pathways of Prevention, Treatment and Recovery from Eating Disorders*  
2017 5 CEUs

*Center for Change National Eating Disorder Conference For Professionals True*  
*Treatment Collaboration: Building Bridges to a Recovered Life*  
2016 4.5 CEUs

*Center for Change National Eating Disorder Conference For Professionals*

*The Art of Individualizing Care: Crafting & Mixing the Best Treatments Available, One Patient at a Time*

2015 13 CEUs

*Center for Change National Eating Disorder Conference For Professionals Helping Patients Change from the Outside IN, and the Inside Out*

2014 13 CEUs

*Understanding Triggers of Emotional Perfectionism, Body Image and Trauma*

2013 2 CEUs

*Treating Eating Disorders*

2013 4 CEUs

*iaedp Utah Chapter Etiology, Medical Management and Treatment Approaches in Eating Disorders*

2013 5 CEUs

*iaedp Utah Chapter presents Eating Disorders Across the Care Continuum: An Eating Disorders Care Process Model*

2013 2 CEUs

## **SUPERVISION OF Therapists**

Hannah Lollar for CEDS 2022- Present

Samantha Roundy for CEDS 2024 - Present

Alexandra Leininger, Willow Shore Counseling 2023-present

HaLee Badger Willow Shore Counseling 2022-April 2022

Stephanie Hundley, Willow Shore Counseling, 2020-2022

Shannon Ricks, Center for Change, 2015-2017

Rebecca Hamilton, Center for Change, 2014-2016

Mallory Meyer, Center for Change, 2013-2015

Jennifer Mann, Center for Change, 2013-2015

## **PRESENTATIONS**

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### Posters Presented at National Meetings

June 2018 National Webinar presentation, *The Use of DBT Skills in the Treatment of Eating Disorders*, Center for Change, Orem, UT, USA

April 2004, *The Effect of a Child with Autism on Marital Satisfaction*. Poster topic submitted to AMCAP annual meeting, Salt Lake City, Utah, USA.

November 2003, *Aging Couples' Beliefs in Sickness and in Health*. Poster topic submitted to NCFR annual meeting, Vancouver, British Columbia, Canada.

October 2003, *The Effect of a Child with Autism on Marital Satisfaction*. Poster topic submitted to AAMFT annual meeting, Long Beach, California, USA.

## **RESEARCH EXPERIENCE**

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October 2004 to December 2004, Research Assistant for Dr. Tim Goddard, University of Calgary, Calgary, Alberta, Canada

Position responsibilities include: qualitative analysis and literature reviews.

2002 to 2004, Research Assistant to Dr. Wendy L. Watson, Marriage and Family Therapy Graduate Program, School of Family Life, Brigham Young University, Provo, Utah, USA

Position responsibilities include: data collection for qualitative study on aging couples' beliefs, qualitative analysis using NVivo, literature reviews, supervising undergraduate transcriptionists, participating in interviews for applicants to the program, and writing journal articles.

2002 to 2004, *The Relationship Between Coping Skills and Marital Satisfaction of Parents with a Child with Autism*, Brigham Young University, Provo, Utah, USA

Responsibilities include: obtaining participants for survey research, application to the Internal Review Board, supervising subsequent mail-out, and data analysis.

## **PROFESSIONAL DEVELOPMENT**

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March 2018, New Frontiers in Trauma Treatment Training

March 2018, Avoiding Ethical Pitfalls

June 2017 Assessing and Managing Suicide Risk: Core Competencies for Mental Health Professionals

March 2016 Gottman Level 1 Training

October 2011, Completion of five day Intensive program of foundational principles of Dialectal Behavioral Therapy

October 2010, Completion of Approved Supervisor coursework

January 2008, Attended “Love and Logic Conference” presented by Jim Fay, Hilton Hotel, Salt Lake City, Utah, USA

December 2007, Attended “The Art of Sand Tray Therapy” presented by John Burr LCSW, Orem, Utah, USA

May 2007, Attended the Utah Association of Marriage and Family Therapy, Park City, Utah, USA

April 2004, Attended the Association of Mormon Counselors and Psychotherapists (AMCAP) conference, Joseph Smith Memorial Building, Salt Lake City, Utah, USA

April 2004, Attended “Emotional-Focused Psychotherapy” presented by Dr. Leslie Greenberg, Utah State University Counseling Center, Logan, Utah, USA

October 2003, Attended American Association for Marriage and Family Therapy, (AAMFT) conference, Long Beach, California, USA

October 2003, Attended the Association of Mormon Counselors and Psychotherapists (AMCAP) conference, Joseph Smith Memorial Building, Salt Lake City, Utah, USA

May 2003, Attended the Utah Association for Marriage and Family Therapy (UAMFT), Snowbird Resort, Utah, USA

April 2002, Attended the Association of Mormon Counselors and Psychotherapists (AMCAP) conference, Joseph Smith Memorial Building, Salt Lake City, Utah, USA

October 2002, Attended conference on Oppositional Defiant Disorder and Conduct Disorder, Brigham Young University, Provo, Utah, USA

## **AWARDS, SCHOLARSHIPS, FELLOWSHIPS**

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February 2004, \$500 research presentation award from Brigham Young University’s Graduate Student Association for poster presentation at AMCAP

January 2004, \$5600 grant from the Family Studies Center at Brigham Young University for original thesis research

January 2004, \$500 research presentation award from Brigham Young University’s Graduate Student Association for poster presentation at AAMFT

September 2003 to present, Sant scholarship, full tuition from Brigham Young University, School of Family Life

September 2002 to August 2003, Half tuition scholarship from Brigham Young University, School of Family Life