

# Alexa Bonacquisti, PhD, PMH-C

Curriculum Vitae

## EDUCATION & TRAINING

- 2016 – 2018     **Postdoctoral Fellowship**  
Drexel University, Philadelphia, PA  
Department of Psychology Women's Health Psychology Lab &  
Mother Baby Connections Program
- 2015 – 2016     **Predoctoral Internship in Clinical Psychology** (APA-Accredited)  
University of North Carolina School of Medicine, Chapel Hill, NC  
Women's Mental Health Track
- 2011 – 2016     **Ph.D. in Clinical Psychology**, Health Psychology Concentration  
(APA-Accredited)  
Drexel University, Philadelphia, PA
- 2005 – 2010     **M.S. in Psychology** (2010)  
**B.S. in Psychology** (2009)  
Drexel University, Philadelphia, PA  
Accelerated 5-year BS/MS Program

## ACADEMIC APPOINTMENTS & POSITIONS

### FACULTY AND ACADEMIC POSITIONS

- 2022 – present     **Assistant Professor of Clinical Psychology**  
PsyD Program in Clinical Psychology  
Philadelphia College of Osteopathic Medicine, Philadelphia, PA  
- *Practicum Coordinator* (2022 - present)  
- *Standardized Training and Evaluation of Psychologists and  
Psychotherapists (STEPPS) Program Coordinator* (2022- present)
- 2018 – 2022     **Assistant Professor of Counseling Psychology**  
PsyD Program in Counseling Psychology  
Holy Family University, Philadelphia, PA  
- *PsyD Dissertation Coordinator* (2019-2022)
- 2018                 **Adjunct Faculty**  
The Pennsylvania State University – Brandywine, Media, PA

- 2017 – 2018     **Adjunct Faculty**  
Neumann University, Aston, PA
- 2010 – 2018     **Adjunct Faculty**  
Drexel University, Philadelphia, PA

### **CLINICAL POSITIONS**

- 2022 – present   **Clinical Supervisor**  
Center for Brief Therapy  
Philadelphia College of Osteopathic Medicine, Philadelphia, PA
- 2021 – present   **Licensed Psychologist, Private Practice**  
Alexa Bonacquisti PhD LLC
- 2018 – 2019     **Clinical Supervisor**  
Drexel University Psychological Services Center  
Drexel University, Philadelphia, PA
- 2016 – 2018     **Postdoctoral Psychology Trainee**  
Department of Psychology Women’s Health Psychology Lab &  
Mother Baby Connections Program  
Drexel University, Philadelphia, PA
- 2015 – 2016     **Clinical Psychology Predoctoral Intern**  
Department of Psychiatry  
University of North Carolina School of Medicine, Chapel Hill, NC  
*Completed rotations in:*
  - Women’s Mood and Anxiety Disorders
  - Eating Disorders
  - Lung, Heart, Heart/Lung Transplant & VAD Surgery
  - Bariatric Surgery Program
  - Integrated Liver Disease Program
  - Abdominal Transplant
  - Pain Management Center
- 2011 - 2015     **Graduate Student Clinician/ Practicum Extern**  
Department of Psychology  
Drexel University, Philadelphia, PA  
*Training sites:*
  - Division of Neonatology, Children’s Hospital of Philadelphia
  - Penn Memory Center
  - Behavioral Medicine, Cooper University Hospital
  - Drexel University Student Counseling Center
  - Division of Infectious Diseases & HIV Medicine, Drexel University College of Medicine
  - Drexel University Department of Psychology

## RESEARCH POSITIONS

- 2016 - 2018      **Postdoctoral Research Fellow**  
 Department of Psychology Women's Health Psychology Lab &  
 Mother Baby Connections Program  
 Drexel University, Philadelphia, PA
- 2010 - 2016      **Principal Investigator: Doctoral Dissertation and Master's Thesis**  
 Drexel University  
 Advisor: Pamela A. Geller, Ph.D.  
Dissertation: *Psychological Responses and Treatment among Mothers in the Neonatal Intensive Care Unit: The Impact of Attachment, Attitudes, Social Support, and Health Behaviors*  
Thesis: *Intimate Partner Violence and HIV Risk Reduction: The Impact of Power, Condom Use Self-Efficacy and Gender Role Attitudes*
- 2009 - 2016      **Graduate Research Assistant**  
 Women's Health Psychology Lab, Drexel University  
 Division of Neonatology, The Children's Hospital of Philadelphia

## LICENSURE & CERTIFICATIONS

- 2023 – present      **Certification in Perinatal Mental Health (PMH-C)**  
 PSI10501
- 2022 – present      **PSYPACT Authority to Practice Interjurisdictional Telepsychology (APIT)**  
 Granted by the PSYPACT Commission issued 10/27/2022, Mobility #12674
- 2018 – present      **Licensed Psychologist in Pennsylvania**  
 #PS018542

## TEACHING EXPERIENCE

### PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE

#### Clinical Psychology PsyD Program (2022 – present)

Practicum II  
 Research III: Dissertation Development  
 Interprofessional Education: Postpartum Health (Fall 2022)  
 Research I: Research Design and Methodology  
 Acceptance and Commitment Therapy  
 Integrative Behavioral Health  
 Reproductive Health Psychology

## **HOLY FAMILY UNIVERSITY**

### Counseling Psychology PsyD Program (2018 – 2022)

Biological Bases of Behavior  
Cognitive and Affective Bases of Behavior  
Advanced Cognitive and Behavioral Therapy  
Advanced Research Design  
Advanced Data Analysis  
Professional Identity and Ethical Practice  
Intellectual Assessment  
Advanced Psychopharmacology  
Group Psychology  
Dissertation I, II, III

### Counseling Psychology Master's Program (2018 – 2020)

Health Psychology  
Introduction to Counseling Skills: Laboratory Level 1  
Internship in Counseling Psychology  
Human Development Through the Lifespan  
Professional Orientation and Ethics  
Couples Therapy  
Research Methods in the Behavioral Sciences  
Advanced Counseling Skills Lab: Working with Children and Families  
Independent Study - Advanced Family Counseling: Systems Approaches

### Psychology/Sociology Undergraduate Program (2019)

Gender Issues

## **PENNSYLVANIA STATE UNIVERSITY - BRANDYWINE**

### Psychology Undergraduate Program (2018)

Abnormal Psychology

## **NEUMANN UNIVERSITY**

### Psychology Undergraduate Program (2017-2018)

Psychopathology  
Psychology of Motivation

## **DREXEL UNIVERSITY**

### Clinical Psychology PhD Program (2017-2018)

Developmental Psychology  
History and Systems of Psychology

### Psychology Undergraduate Program (2010-2017)

Health Psychology

Psychology of Sexual Behavior  
 Introduction to Psychology  
 Women's Health Psychology  
 Approaches to Personality  
 Advanced Social Psychology

### **RESEARCH EXPERIENCE**

My program of research is focused on reproductive health psychology and perinatal mental health. I investigate the physical and mental health outcomes that occur in the context of reproductive functioning, with an emphasis on psychological responses to adverse reproductive events and reproductive trauma (e.g., infant admission to a neonatal intensive care unit, infertility, pregnancy loss). I also study the development and evaluation of innovative interventions for perinatal mood and anxiety disorders, such as Acceptance and Commitment Therapy (ACT).

I direct the Reproductive Health Psychology Lab, composed of student research assistants in the Clinical PsyD and DO programs at Philadelphia College of Osteopathic Medicine.

### **RESEARCH FUNDING**

- 2022 – 2023     **Instructional Resource Grant (Division 2, American Psychological Association)**  
 “An Innovative Curriculum and Case Studies for Integrated Psychology Assessment”  
 Co-Investigator (Principal Investigator: Melinda Parisi Cummings, PhD), \$1,500.00
- 2021 – 2022     **Ray & Mildred Taylor Award for Faculty Development (Holy Family University)**  
 “Development and Evaluation of a Remotely Delivered Postpartum Psychosocial Support Program”  
 Principal Investigator, \$4,450.00
- 2019 - 2020     **Instructional Resource Grant (Division 2, American Psychological Association)**  
 “An Experiential Approach to Teaching Counseling Skills: Instructional Modules for Graduate and Undergraduate Students in Psychology”  
 Principal Investigator (Co-I: Patrick McElwaine, PsyD), \$1,500.00

### **PEER-REVIEWED PUBLICATIONS**

- 1) **Bonacquisti, A.**, Woodworth, E.C., Diaz, M. & Grunberg, V.A. (2022). *Acceptance-based process variables on postpartum well-being and distress: the mediating role of psychological flexibility* [Manuscript submitted for publication]. *Department of Clinical Psychology, Philadelphia College of Osteopathic Medicine.*

- 2) Grunberg, V.A., Geller, P.A., Durham, K., **Bonacquisti, A.**, & Barkin, J. (2022). Development of “Motherhood and Me (Mom-Me):” An evidence-based group to enhance maternal functioning among women with postpartum mood and anxiety symptoms. *Journal of Clinical Medicine*, 11(9), 2345. doi: 10.3390/jcm11092345
- 3) DiSanza, C.B., Geller, P.A., **Bonacquisti, A.**, Posmontier, B., Horowitz, J.A. & Chiarello, L.C. (2020). A stepped care model of patient navigation to enhance engagement with perinatal mental health care. *Health Equity*, 4(1), 484-488. doi: 10.1089/heq.2020.0077
- 4) **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2020). Maternal depression, anxiety, stress, and maternal-infant attachment in the neonatal intensive care unit. *Journal of Reproductive and Infant Psychology*. doi: 10.1080/02646838.2019.1695041
- 5) Grunberg, V.A., Geller, P.A., **Bonacquisti, A.**, & Patterson, C.A. (2019). NICU infant health severity and family outcomes: a systematic review of assessments and findings in psychosocial research. *Journal of Perinatology*, 39(2), 156-172. doi: 10.1038/s41372-018-0282-9
- 6) Geller, P.A., Posmontier, B.P., Horowitz, J.A., **Bonacquisti, A.**, & Chiarello, L.C. (2018). Introducing Mother Baby Connections: A model of intensive perinatal mental health outpatient programming. *Journal of Behavioral Medicine*, 41(5), 600-613. doi: 10.1007/s10865-018-9974-z
- 7) **Bonacquisti, A.**, Cohen, M.J., & Schiller, C.E. (2017). Acceptance and commitment therapy for perinatal mood and anxiety disorders: Development of an inpatient group intervention. *Archives of Women’s Mental Health*, 20(5), 645-654. doi: 10.1007/s00737-017-0735-8
- 8) Geller, P.A., **Bonacquisti, A.**, Barber, J., & Yeakel, L.H. (2017). Increasing racially and ethnically underrepresented women in medical school through an innovative program. *International Journal of Medical Education*, 8, 187-189. doi: 10.5116/ijme.5918.b789
- 9) Aaron, E., **Bonacquisti, A.**, Geller, P.A. & Polansky, M.P. (2015). Perinatal depression and anxiety in women with and without HIV infection. *Women’s Health Issues*, 25(5), 579-585. doi: 10.1016/j.whi.2015.04.003
- 10) **Bonacquisti, A.**, Geller, P.A. & Aaron, E. (2014). Rates and predictors of prenatal depression in women living with and without HIV. *AIDS Care*, 26(1), 100-106. doi: 10.1080/09540121.2013.802277
- 11) **Bonacquisti, A.**, & Geller, P.A. (2013). Condom-use intentions and the influence of partner-related barriers among women at risk for HIV. *Journal of Clinical Nursing*, 22(23-34), 3328-3336. doi: 10.1111/jocn.12101
- 12) Aaron, E., Criniti, S.M., **Bonacquisti, A.**, Geller, P.A. (2013). Providing sensitive care for adult HIV-infected women with a history of childhood sexual abuse. *Journal of the Association of Nurses in AIDS Care*, 24(4), 355-367. doi: 10.1016/j.jana.2013.03.004
- 13) Aaron, E., **Bonacquisti, A.**, Mathew, L., Alleyne, G., Bamford, L., & Culhane, J.F. (2012). Small for gestational age births in pregnant women with HIV, due to severity of HIV disease, not antiretroviral therapy. *Infectious Diseases in Obstetrics and Gynecology*. 2012, doi: 10.1155/2012/135030
- 14) Psaros, C., Geller, P. A., Sciscione, A. C. & **Bonacquisti, A.** (2010). Screening practices for postpartum depression among various health care providers. *Journal of Reproductive Medicine*, 55(11-12), 477-484

### **BOOK CHAPTERS**

- 1) Geller, P.A., Albanese, A., & **Bonacquisti, A.** (in press). Mental health aspects of reproduction for women and individuals with uteruses across the lifespan. *APA Handbook of Health Psychology*.

- 2) Schiller, C.E., Thompson, K., Cohen, M.J., Geiger, P., Lundegard, L., & **Bonacquisti, A.** (2021). Psychotherapy for perinatal mood and anxiety disorders. In E. Cox (Ed.), *Women's Mood Disorders: A Clinician's Guide to Perinatal Psychiatry*. Springer.
- 3) Geller, P.A., **Bonacquisti, A.** & Patterson, C.A. (2018). Maternal experience of neonatal intensive care unit hospitalization: trauma exposure and psychosocial responses. In M. Muzik & K.L. Rosenblum (Eds.), *Motherhood in the Face of Trauma: Pathways of Healing and Growth*. Springer International Publishing.
- 4) Geller, P.A. & **Bonacquisti, A.** (2014). Obstetric & Gynaecological Conditions. In T. Hadjistavropoulos (Ed.), *Fundamentals of Health Psychology*. Oxford University Press.
- 5) Geller, P.A., Nelson, A.R. & **Bonacquisti, A.** (2012). Women's Health Psychology. In A.M. Nezu, C.M. Nezu & P.A. Geller (Eds.), *Health Psychology*. In I.B. Weiner (Editor-in-Chief), *Handbook of Psychology*, 2nd edition. New York: John Wiley & Sons, Inc.

### **PUBLISHED ABSTRACTS, ARTICLES, AND MANUALS**

- 1) **Bonacquisti, A.**, Schaad, R., & Kopacz, A. (2023). The transition to parenthood: psychosocial challenges and opportunities for growth in the postpartum period. *Pennsylvania Psychologist*, March 2023 issue.
- 2) Cummings, M. & **Bonacquisti, A.** (2021). A student-centered approach to integrative assessment across the doctoral curriculum. In H. Scherschel & D.S. Rudmann (Eds.) Teaching tips: A compendium of conference presentations on teaching, 2020-21. (pp. 9-12). *Society for the Teaching of Psychology*. <http://teachpsych.org/ebooks/teachingtips6>
- 3) **Bonacquisti, A.** & McElwaine, P. (2020). An experiential approach to teaching counseling skills: Instructional modules for undergraduate and graduate students in psychology. *Teaching Resource: Society for the Teaching of Psychology, Division 2 of the American Psychological Association*.
- 4) **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2015). Psychologists in the neonatal intensive care unit. *Progress Notes: Society of Pediatric Psychology Newsletter*, July 2015 issue.
- 5) **Bonacquisti, A.**, Spiers, M.V., Geller, P.A., & Kloss, J.D. (2013). Instructor's Manual for *Women's Health Psychology*. New York: John Wiley & Sons. Available on the Instructor Companion Site for *Women's Health Psychology* on wiley.com.
- 6) Criniti, S., **Bonacquisti, A.**, & Aaron, E. (2012). Partner support and stable housing predict contraceptive use in a cohort of women with HIV [Abstract]. *Contraception*, 86, 307.
- 7) **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2012). Addressing parental stress in a neonatal intensive care unit [Abstract]. *The General Psychologist*.
- 8) **Bonacquisti, A.** & Geller, P.A. (2011) Women, intimate partner violence, and HIV risk reduction [Abstract]. *Gender Medicine*, 9(1), S100.
- 9) Aaron, E., Geller, P.A., **Bonacquisti, A.**, & Yip, N. (2011). Postpartum depression in HIV-positive and HIV-negative women: a work in progress [Abstract]. *Gender Medicine*, 9(1), S99.

## CONFERENCE PRESENTATIONS

\* = Peer-reviewed presentation

# = Graduate student author/co-author

- 1) Woodworth, E.C., Schaad, R., **Bonacquisti, A.**, & Grunberg, V.A. (2024, May 15-17). *Sleep, emotional distress, and psychological flexibility among postpartum women* [Poster Abstract]. 2024 National Perinatal Association Conference, Anaheim, CA, United States.\* #
- 2) Schaad, R. & **Bonacquisti, A.** (2023, May). *Maternal attitudes, adjustment, health behaviors, and social support among mothers of infants in the neonatal intensive care unit*. Poster presented at the 12th Annual Philadelphia College of Osteopathic Medicine Research Day, Philadelphia, PA. #
- 3) Hriso, C. & **Bonacquisti, A.** (2023, May). *Mindfulness and acceptance in the neonatal intensive care unit: A trauma-informed approach*. Poster presented at the 12th Annual Philadelphia College of Osteopathic Medicine Research Day, Philadelphia, PA. #
- 4) Abdalla, T. & **Bonacquisti, A.** (2023, May). *Development and evaluation of a virtual postpartum psychosocial support group based upon Acceptance and Commitment Therapy (ACT)*. Poster presented at the 12th Annual Philadelphia College of Osteopathic Medicine Research Day, Philadelphia, PA. #
- 5) **Bonacquisti, A.** (2023, April). *Development and evaluation of a virtual postpartum psychosocial support program based upon Acceptance and Commitment Therapy (ACT)*. Oral presentation delivered at the 2023 National Perinatal Association Conference, Chapel Hill, NC.\*
- 6) **Bonacquisti, A.**, Milliken, J., Abdalla, T., Slayyeh, B., Keresztesy, A., Becks, E. (2023, April). *Development and evaluation of a virtual postpartum psychosocial support program based upon Acceptance and Commitment Therapy (ACT)*. Poster presented at the 2023 National Perinatal Association Conference, Chapel Hill, NC.\* #
- 7) **Bonacquisti, A.**, Schaad, R., Greco, E., Hriso, C., Patterson, C.A, Geller, P.A., Hanson, S. (2023, April). *Maternal attitudes, adjustment, health behaviors, and social support among mothers of infants in the neonatal intensive care unit*. Poster presented at the 2023 National Perinatal Association Conference, Chapel Hill, NC.\* #
- 8) Woodworth E.C., **Bonacquisti, A.**, Grunberg, V.A. (2023, March). *Psychological processes that contribute to intrusive thoughts in postpartum women*. Harvard Psychiatry Research Day, Boston, MA.
- 9) Woodworth E., **Bonacquisti, A.**, & Grunberg, V. (2022, November). *Hush little baby, mom needs sleep: psychological flexibility as a mechanism to improve sleep among postpartum women*. Poster presented at the 56th Annual Convention for the Association for Behavioral and Cognitive Therapies, New York, NY.\*
- 10) Woodworth E., **Bonacquisti, A.**, & Grunberg, V. (2022, November). *Acceptance-based processes contribute to postpartum distress and well-being*. Poster presented at the 56th Annual Convention for the Association for Behavioral and Cognitive Therapies, New York, NY.\*
- 11) Menago, D. & **Bonacquisti, A.** (2022, October). *Student engagement techniques (SATs): Supporting a diverse classroom community that facilitates creativity, leadership, and higher level thinking in classroom assignments*. Oral presentation delivered at the Scholarship of Teaching and Learning Summit, Virtual.\*
- 12) Cummings, M. & **Bonacquisti, A.** (2021, August). *A student-centered approach to integrative assessment across the doctoral curriculum*. Oral presentation delivered at the American Psychological Association (APA) Annual Conference, Virtual.\*

- 13) **Bonacquisti, A.** (2021, June). Empirical evidence for ACT as a treatment for birth trauma. In J. Smith (Chair), *Acceptance and commitment therapy and birth trauma*. Panel presented at the 2021 ACBS Virtual World Conference.\*
- 14) **Bonacquisti, A.**, McMahon, K., Prader, L., & Becks, E. (2021, June). *The relationship between ACT processes and psychological functioning in postpartum women*. Poster presented virtually at the 2021 ACBS Virtual World Conference.\* #
- 15) McElwaine, P. & **Bonacquisti, A.** (2020, May). *Designing and implementing an effective counseling skills course*. Poster presented virtually at the 2020 Lilly Conference on Designing Effective Teaching, Bethesda, MD.\*
- 16) **Bonacquisti, A.**, Cohen, M.J. & Schiller, C.E. (2019, October). Examining ACT process variables and treatment preferences among postpartum women. In **A. Bonacquisti** (Chair), *Novel psychotherapy approaches for perinatal mood and anxiety disorders*. Symposium presented at the 4th Biennial Perinatal Mental Health Conference, Chapel Hill, NC.\*
- 17) **Bonacquisti, A.**, Geller, P.A. & Patterson, C.A. (2019, October). Exploring maternal attitudes, adjustment, and social support among mothers of infants in the neonatal intensive care unit. In P.A. Geller & **A. Bonacquisti** (Co-Chairs), *Improving parental psychosocial functioning in the neonatal intensive care unit*. Symposium presented at the 4th Biennial Perinatal Mental Health Conference, Chapel Hill, NC.\*
- 18) Grunberg, V.A., Geller, P.A., **Bonacquisti, A.** & Patterson, C.A. (2019, April). *NICU infant and family outcomes: a systematic review of assessments and findings in psychosocial research*. Oral presentation delivered at the National Perinatal Association 2019 Conference, Providence, Rhode Island.\*
- 19) Geller, P.A., Posmontier, B., Horowitz, J.A., **Bonacquisti, A.**, & Chiarello, L.C. (2019, March). Introducing Mother Baby Connections: A model of intensive perinatal mental health outpatient programming. In N.A. Hamilton (Chair), *Improving health during the postpartum period: Maternal Health in Crisis*. Symposium presented at the Society of Behavioral Medicine 40th Annual Meeting and Scientific Sessions, Washington, D.C.\*
- 20) **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2019, March). *Evaluating maternal psychological responses to an infant's admission to a neonatal intensive care unit*. Poster presented at the Society of Behavioral Medicine 40th Annual Meeting and Scientific Sessions, Washington, D.C.\*
- 21) **Bonacquisti, A.**, Geller, P.A., Wolf, S.M., Posmontier, B., Croft, D.J., & Montgomery, O.M. (2019, March). *Improving screening and mental health care access for pregnant women: preliminary results of a pilot study*. Poster presented at the Society of Behavioral Medicine 40th Annual Meeting and Scientific Sessions, Washington, D.C.\*
- 22) Posmontier, B., Geller, P.A., Horowitz, J.A., Chiarello, L.C. & **Bonacquisti, A.** (2018, December). *Patient-centered intensive outpatient perinatal mental health mother-baby day program: Mental health outcomes after 24 months of operation*. Oral presentation delivered at the 8th Hong Kong International Nursing Forum, International Council on Women's Health Issues, Pokfulam, Hong Kong.
- 23) **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2018, October). *The maternal experience of an infant's admission to a neonatal intensive care unit*. Oral presentation delivered at the 2018 Involuntary Pregnancy Loss Conference, Holy Family University, Philadelphia, PA.
- 24) **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2018, May). *Postpartum mood and anxiety symptoms among mothers in the neonatal intensive care unit*. Poster presented at 19<sup>th</sup> Annual Leadership Education in Neurodevelopmental Disabilities (LEND) Children's Hospital of Philadelphia (CHOP) Research Poster Day, Philadelphia, PA.

- 25) **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2018, April). *Postpartum mood and anxiety symptoms and barriers to psychological treatment among in mothers in the neonatal intensive care unit*. Poster presented at the 2018 North American Society for Psychosocial Obstetrics and Gynecology Biennial Meeting, Philadelphia, PA.\*
- 26) Geller, P.A., **Bonacquisti, A.**, Wolf, S.M., Posmontier, B., Croft, D.J., & Montgomery, O. M. (2018, April). *Improving psychiatric screening and mental health care access for pregnant women in an urban ob/gyn clinic*. Poster presented at the 2018 North American Society for Psychosocial Obstetrics and Gynecology Biennial Meeting, Philadelphia, PA.\*
- 27) **Bonacquisti, A.**, Geller, P.A. & Patterson, C.A. (2018, March). *Maternal mental health in the neonatal intensive care unit*. Oral presentation presented at the 2018 Helen I. Moorehead-Laurencin, MD Sex and Gender Research Forum, Drexel University, Philadelphia, PA.
- 28) Geller, P.A., **Bonacquisti, A.**, Wolf, S.M., Posmontier, B., Croft, D.J., Montgomery, O.M. (2018, March). *Improving screening and mental health care access for pregnant women: preliminary results of a pilot study*. Poster presented at the 2018 Helen I. Moorehead-Laurencin, MD Sex and Gender Research Forum, Drexel University, Philadelphia, PA.
- 29) Posmontier, B., Geller, P.A., Horowitz, J., Chiarello, L., & **Bonacquisti, A.** (2018, March). *Mother Baby Connections: 4-week treatment outcomes for an interdisciplinary intensive outpatient perinatal mental health program*. Oral presentation presented at the 2018 Helen I. Moorehead-Laurencin, MD Sex and Gender Research Forum, Drexel University, Philadelphia, PA.
- 30) **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2017, November). The impact of maternal-infant attachment on postpartum mood and anxiety symptoms in NICU mothers. In P.A. Geller (Chair), *Addressing postpartum distress in parents of newborns in NICU*. Symposium presented at the 3rd Biennial Perinatal Mental Health Conference, Chicago, IL.\*
- 31) **Bonacquisti, A.**, Geller, P.A. & Patterson, C.A. (2017, August). Perinatal mental health in the NICU: Using research to inform clinical best practices. In A. Van Arsdale (Chair), *Perinatal mood and anxiety disorders: Research and advocacy for the most common pregnancy complication*. Symposium presented at the American Psychological Association (APA) Annual Conference, Washington, D.C.\*
- 32) **Bonacquisti, A.**, Geller, P.A. & Patterson, C.A. (2017, July). *Maternal mental health in the neonatal intensive care unit: Postpartum depression, anxiety, and attitudes towards mental health treatment*. Poster presented at the Postpartum Support International (PSI) Annual Convention, Philadelphia, PA.\*
- 33) **Bonacquisti, A.**, Schiller, C.E., Cohen, M.J., & Brandon, A. (2017, July). Acceptance and commitment therapy: An innovative approach to treat perinatal mood and anxiety disorders. In P.A. Geller (Chair), *Innovative psychosocial programming to alleviate postpartum distress*. Breakout oral presentation presented at the Postpartum Support International (PSI) Annual Convention, Philadelphia, PA.\*
- 34) Posmontier, B., Geller, P.A., Horowitz, J.A., Chiarello, L.C., Grunberg, V.A. & **Bonacquisti, A.** (2017, June). *Mother Baby Connections: An intensive outpatient perinatal mental health program*. Poster presented at the International Family Nursing Association Annual Convention, Pamplona Spain.
- 35) Geller, P.A., **Bonacquisti, A.**, Posmontier, B., Wolf, S.M., & Croft, D.J. (2017, March). *Enhancing mental health care access for low-income pregnant women: Coordination of perinatal health care and mental health services*. Poster presented at the Drexel University Sex and Gender Research Forum, Philadelphia, PA.
- 36) Geller, P.A., Posmontier, B., Horowitz, J.A., Chiarello, L., & **Bonacquisti, A.** (2017, March). *New interdisciplinary intensive outpatient perinatal mental health program at Drexel*

- University*. Poster presented at the Drexel University Sex and Gender Research Forum, Philadelphia, PA.
- 37) Posmontier, B., Horowitz, J.A., Geller, P.A., & **Bonacquisti, A.** (2016, November). *Mother Baby Connections: An intensive outpatient perinatal mental health program*. Presentation at the National Nurse-Led Care Consortium Conference, Philadelphia, PA.
  - 38) **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2016, September). *Psychological responses and treatment among mothers in the Neonatal Intensive Care Unit*. Poster presented at the 2016 Annual Quality Congress, Vermont Oxford Network, Chicago, IL.
  - 39) **Bonacquisti, A.**, DeRuyter, L., Grunberg, V.A., Geller, P.A., & Patterson, C.A. (2016, August). Maternal-infant attachment, depression, support, and health-promoting behaviors in the NICU. In P. A. Geller (Chair), *Parental attachment, distress, and long-term outcomes: Empirical examinations of the NICU journey*. Symposium presented at the American Psychological Association (APA) annual conference, Denver, CO.\*
  - 40) **Bonacquisti, A.** (2016, August). *Intern Perspectives: Navigating the Application Process*. In Greenfield, A.P. & Lee, K. (Chairs), *How to Master the Internship Application Process*. Symposium presented at the 2016 Annual Meeting of the American Psychological Association, Denver, CO.\*
  - 41) **Bonacquisti, A.**, DeRuyter, L., Grunberg, V.A., Geller, P.A., & Patterson, C.A. (2016, May). *Maternal infant attachment in the Neonatal Intensive Care Unit: Associations with maternal attitudes, depression, and anxiety*. Poster presented at 17<sup>th</sup> Annual Leadership Education in Neurodevelopmental Disabilities (LEND) Children's Hospital of Philadelphia (CHOP) Research Poster Day, Philadelphia, PA.
  - 42) **Bonacquisti, A.**, DeRuyter, L.D., Geller, P.A., & Patterson, C.A. (2016, April). *Maternal-infant attachment in neonatal intensive care units: associations with maternal attitudes, depression, and anxiety*. Poster presented at the annual conference of the Society for Pediatric Psychology, Atlanta, GA.\*
  - 43) Grunberg, V.A., **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2015, November). *Psychological distress, relationships, and sex among mothers in the NICU*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.\*
  - 44) Patterson, C.A., **Bonacquisti, A.**, Perelman, A. & Geller, P.A. (2015, August). The NICU parent survival guide: addressing maternal stress in the NICU. In P.A. Geller & E.C. Stasko (Co-chairs), *Rethinking women's sexual and psychosocial health through technology, access, and programming*. Symposium presented at the 123rd annual convention of the American Psychological Association, Toronto, ON.\*
  - 45) Geller, P.A., Grunberg, V., **Bonacquisti, A.**, Stasko, E.C., Logrono, G. & DeRuyter, L. (2015, August). Women's responses to pregnancy loss. In P.A. Geller & E.C. Stasko (Co-chairs), *Rethinking women's sexual and psychosocial health through technology, access, and programming*. Symposium presented at the 123rd annual convention of the American Psychological Association, Toronto, ON.\*
  - 46) **Bonacquisti, A.** & Geller, P.A. (2015, August). The importance of sexual relationship characteristics on condom use among women. In P.A. Geller & E.C. Stasko (Co-chairs), *Rethinking women's sexual and psychosocial health through technology, access, and programming*. Symposium presented at the 123rd annual convention of the American Psychological Association, Toronto, ON.\*
  - 47) **Bonacquisti, A.** & Geller, P.A. (2015, May). Understanding women's condom use behavior from a sexual relationship-based perspective. In P.A. Geller & E.C. Stasko (Co-chairs), *Rethinking women's sexual and psychosocial health through novel examinations of religiosity*

- and relationships*. Symposium presented at the 27th annual convention of the Association for Psychological Science, New York, NY.\*
- 48) DeRuyter, L. **Bonacquisti, A.**, Grunberg, V.A., Geller, P.A. & Patterson, C.A. (2015, May). *Depression, stress, and health behaviors among mothers in the neonatal intensive care unit*. Poster presented at the Drexel University Research Day, Drexel University, Philadelphia, PA.
- 49) **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2015, February). *Current investigation of psychological symptoms and treatment among mothers of infants in the neonatal intensive care unit*. Poster presented at the CHOP Research Poster Day, Philadelphia, PA.
- 50) **Bonacquisti, A.** & Geller, P.A. (2014, November). *Psychological symptoms and mental health care utilization among mothers in the neonatal intensive care unit: a work in progress*. Poster to be presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.\*
- 51) Geller, P.A., Perelman, A., Patterson, C.A., & **Bonacquisti, A.** (2014, August). Understanding the mental health needs of mothers in the NICU: Results from a quantitative study. In P.A. Geller & **A. Bonacquisti** (Co-chairs), *Challenges to women's behavioral and psychosocial wellness during the perinatal period*. Symposium presented at the 122nd annual convention of the American Psychological Association, Washington, D.C.\*
- 52) **Bonacquisti, A.**, Geller, P.A., Aaron, E. & Polansky, M. (2014, August). Risk factors for perinatal depression and anxiety among women living with and without HIV. In P.A. Geller & **A. Bonacquisti** (Co-chairs), *Challenges to women's behavioral and psychosocial wellness during the perinatal period*. Symposium presented at the 122nd Annual Convention of the American Psychological Association, Washington, D.C.\*
- 53) **Bonacquisti, A.** & Geller, P.A. (2014, August). *Psychological responses among mothers in the neonatal intensive care unit: preliminary results*. Poster presented at the 122<sup>nd</sup> Annual Convention of the American Psychological Association, Washington, DC.\*
- 54) **Bonacquisti, A.**, Geller, P.A. (2014, April). *Integrating maternal mental health needs in a neonatal intensive care unit: a clinical research approach*. In P.A. Geller & **A. Bonacquisti** (Co-Chairs), *Promoting women's behavioral wellness during pregnancy and postpartum across medical settings*. Symposium presented at the 35<sup>th</sup> Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA.\*
- 55) Mechanic-Hamilton, D., **Bonacquisti, A.**, Greenfield, F., Negash, S., Livney, M., Moberg, P.J., & Arnold, S. E. (2014, February). *The Cognitive Fitness program: A comprehensive intervention to increase behaviors associated with successful cognitive aging*. Poster presented at the 42<sup>nd</sup> annual meeting of the International Neuropsychological Society, Seattle, WA.\*
- 56) Colosimo, M., Patel, K., Greenberg, L., Diaz, C., Greenfield, A., Ricelli, S., Stern, J., Salber, K., **Bonacquisti, A.**, & Basilevecchio, A. Advisors: Dr. Arthur Nezu, Dr. Christine Nezu (2014, February). *Health Disparities and Treatment Barriers in Hypertensive African Americans: A Synthesis of Empirical Evidence and Real-World Implementation*. Oral presentation presented at Drexel University's 14th Annual College of Arts and Sciences Research Day, Philadelphia, PA.
- 57) **Bonacquisti, A.** & Geller, P.A. (2014, February). *Psychological responses and treatment among mothers in the neonatal intensive care unit*. Poster presented at the College of Arts and Sciences Research Day, Drexel University, Philadelphia, PA.
- 58) Stasko, E.C., **Bonacquisti, A.** & Geller, P.A. (2014, February). *Improving knowledge surrounding medical and psychological aspects of pregnancy loss: dose relationships of a novel medical education initiative*. Poster presented at the College of Arts and Sciences Research Day, Drexel University, Philadelphia, PA
- 59) **Bonacquisti, A.** & Geller, P.A. (2013, November). *Improving awareness of women's psychological responses following pregnancy loss through online medical education*. Poster

- presented at the Women's Special Interest Group (SIG) Poster Exposition at the 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.\*
- 60) Patterson, C.A., **Bonacquisti, A.** & Geller, P.A. (2013, November). *The NICU parent survival guide: a new program to address parental stress in the NICU*. Poster presented at the Perinatal Mental Health Conference, Chicago, IL.\*
- 61) **Bonacquisti, A.**, Geller, P.A., Patterson, C.A. (2013, August). *Parental stress and psychological responses in a neonatal intensive care unit*. Poster presented at the 121<sup>st</sup> Annual Convention of the American Psychological Association, Honolulu, HI.\*
- 62) **Bonacquisti, A.**, Geller, P.A. & Patterson, C.A. (2013, May). *Addressing parental stress in a neonatal intensive care unit*. Poster presented at the 14<sup>th</sup> Annual LEND Research Symposium and Poster Day, The Children's Hospital of Philadelphia, Philadelphia, PA.
- 63) Abdo, M., Friesen, J., **Bonacquisti, A.**, Eichenbaum, E., Grady, C., Khaksari, M., Geller, P.A. & Patterson, C.A. (2013, April). *Developing support structures for fathers in the NICU*. Poster presented at the Drexel University Research Day, Drexel University, Philadelphia, PA.
- 64) Friesen, J., Abdo, M., **Bonacquisti, A.**, Eichenbaum, E., Grady, C., Khaksari, M. & Geller, P.A. (2013, April). *Determining the relationship between gender and desired specialty with self-reported importance of an online Pregnancy Loss Curriculum for DUCOM medical students*. Poster presented at the Drexel University Research Day, Drexel University, Philadelphia, PA.
- 65) **Bonacquisti, A.**, Geller, P.A., & Patterson, C.A. (2013, April). *Postpartum depression and mental health care utilization in mothers with infants in the NICU*. Poster presented at the College of Arts and Sciences Research Day, Drexel University, Philadelphia, PA.
- 66) Criniti, S.M., **Bonacquisti, A.** & Aaron, E. (2012, October). *Partner support and stable housing predict contraceptive use in a cohort of women with HIV*. Poster presented at the 2012 North American Forum on Family Planning, Denver, CO.
- 67) Geller, P.A., Patterson, C.A., **Bonacquisti, A.**, Eichenbaum, E., & Khaksari, M. (2012, August). *Development and pilot test of the "NICU Survival Guide" program for parents with infants in the NICU*. In S. Lassen (Chair), Assessment and interventions with family and staff in the Neonatal Intensive Care Unit. Symposium presented at the 120<sup>th</sup> Annual Convention of the American Psychological Association, Orlando, FL.\*
- 68) **Bonacquisti, A.**, Geller, P.A., Patterson, C.A. (2012, August). *Addressing parental stress in a neonatal intensive care unit*. Poster presented at the 120<sup>th</sup> Annual Convention of the American Psychological Association, Orlando, FL.\*
- 69) **Bonacquisti, A.**, Geller, P.A., & Aaron, E. (2012, April). *Rates and predictors of prenatal depression in HIV+ and HIV- women*. Poster presented at the Drexel University Research Day, Drexel University, Philadelphia, PA.
- 70) **Bonacquisti, A.**, Geller, P.A., & Aaron, E. (2012, April). *Prenatal depression in women living with HIV*. Poster presented at the College of Arts and Sciences Research Day, Drexel University, Philadelphia, PA.
- 71) **Bonacquisti, A.** & Geller, P.A. (2012, March). *Condom use intentions and the influence of partner-related barriers among women at risk for HIV*. Poster presented at the Seventh Annual Philadelphia Area Psi Chi Research Conference, Drexel University, Philadelphia, PA.
- 72) Aaron, E., Bamford, L., **Bonacquisti, A.**, Mathew, L., Alleyne, G. & Culhane, J. (2012, March). *Small-for-gestational-age births in a cohort of HIV-infected women associated with severity of HIV disease and not with antiretroviral medications*. Poster presented at the 19<sup>th</sup> Conference on Retroviruses and Opportunistic Infections (CROI), Seattle, WA.\*
- 73) **Bonacquisti, A.**, Geller, P.A. & Aaron, E. (2011, November). *Postpartum depression in HIV-infected women: Clinical and research applications*. In P.A. Geller (Chair), Getting the word out: Dissemination and clinical application of findings from contemporary women's health

- research. Paper presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON.\*
- 74) **Bonacquisti, A.** & Geller, P.A. (2011, November). *Condom use intentions and partner-related barriers to condom use among women*. Poster presented at the Women's Special Interest Group (SIG) Poster Exposition at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON.
- 75) Lerner, K., Aaron, E., Miller, M., **Bonacquisti, A.** & Alleyne, G. (2011, April). *HIV and pre-eclampsia in a Philadelphia population*. Poster presented at the Drexel University Research Day, Drexel University, Philadelphia, PA.
- 76) **Bonacquisti, A.** & Geller, P.A. (2011, March). *The experience of intimate partner violence: Impact of power and gender role attitudes on HIV risk reduction*. In P.A. Geller (Chair), *Evolving female identities through stressful life events: Bridging psychosocial well-being, relationships and sexual reproductive health*. Paper presented at the 36<sup>th</sup> annual meeting of the Association for Women in Psychology, Philadelphia, PA.\*
- 77) **Bonacquisti, A.** & Geller, P.A. (2010, November). *Sexual relationship power and intimate partner violence: Implications for condom use among women*. Poster presented at the Women's Special Interest Group (SIG) Poster Exposition at the 44<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.\*
- 78) Kornfield, S. L., Geller, P. A., **Bonacquisti, A.**, & Jiang, A. (2010, November). *Depression, perceived relationship power, and pregnancy: Implications in prenatal health behaviors*. In A. C. McLeish (Chair), *Gender as a risk factor: Examining the impact of gender-related risk factors on comorbid affective symptoms and health behaviors and processes*. Paper presented at the 44<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.\*
- 79) McSpadden, K., Geller, P.A. & **Bonacquisti, A.** (2010, August). *The importance of discussing pregnancy loss etiology with women*. Poster presented at the 118<sup>th</sup> annual meeting of the American Psychological Association, San Diego, CA.\*
- 80) **Bonacquisti, A.** & Geller, P.A. (2010, April). *Women, intimate partner violence and HIV risk reduction*. Poster presented at the Fifth Annual Philadelphia Area Psi Chi Research Conference, Temple University, Philadelphia, PA.
- 81) Aaron, E., Geller, P.A., **Bonacquisti, A.**, & Yip, N. (2010, April). *Postpartum depression in HIV-positive and HIV-negative women: a work in progress*. Poster presented at the College of Arts and Sciences Research Day, Drexel University, Philadelphia, PA.
- 82) **Bonacquisti, A.** & Geller, P.A. (2010, March). *Women, intimate partner violence and HIV risk reduction*. Poster presented at the Institute for Women's Health and Leadership Annual Sex and Gender Research Forum, Drexel University College of Medicine, Philadelphia, PA.
- 83) Aaron, E., Geller, P.A., **Bonacquisti, A.**, & Yip, N. (2010, March). *Postpartum depression in HIV-positive and HIV-negative women: a work in progress*. Poster presented at the Institute for Women's Health and Leadership Annual Sex and Gender Research Forum, Drexel University College of Medicine, Philadelphia, PA.
- 84) **Bonacquisti, A.** & Geller, P.A. (2009, November). *The effects of intimate partner violence on HIV risk reduction among women: A work in progress*. Poster presented at the Women's Special Interest Group (SIG) Poster Exposition at the 43<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.\*
- 85) **Bonacquisti, A.** & Geller, P.A. (2009, April). *Intimate partner violence: Implications for pregnancy intention, HIV risk reduction and psychological distress*. Poster presented at the Drexel University Research Day, Drexel University, Philadelphia, PA.

- 86) **Bonacquisti, A.** & Geller, P.A. (2009, April). *Intimate partner violence and psychological distress during the reproductive years*. Poster presented at the Fourth Annual Philadelphia Area Psi Chi Research Conference, University of the Sciences, Philadelphia, Philadelphia, PA.
- 87) **Bonacquisti, A.** & Geller, P.A. (2009, April). *Psychological distress in women experiencing violence: The impact of social support, locus of control orientation and perceived fertility control*. Poster presented at the College of Arts and Sciences Research Day, Drexel University, Philadelphia, PA.
- 88) **Bonacquisti, A.** & Geller, P.A. (2009, February). *Intimate partner violence during pregnancy: A review of the literature and directions for future research*. Poster presented at the Institute for Women's Health and Leadership Annual Sex and Gender Research Forum, Drexel University College of Medicine, Philadelphia, PA.
- 89) Geller, P. A., Woodland, M. B., Daetwyler, C., Levine Kornfield, S. V., Nelson, A., O'Malley, K., & **Bonacquisti, A.** (2008, November). *Dissemination of an interactive web-based curriculum for healthcare providers regarding pregnancy loss*. Poster presented at the 42<sup>nd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.\*
- 90) Geller, P.A., Daetwyler, C., Woodland, M.B., Kornfield, S.L., Nelson, A., O'Malley, K., **Bonacquisti, A.**, & O'Brien, C. (2008, April). *Introduction of an interactive web-based pregnancy loss curriculum for healthcare providers*. Poster presented at Drexel University Tenth Annual Research Day, Philadelphia, PA.

### RESEARCH SUPERVISION AND MENTORSHIP

#### STUDENT RESEARCH COMMITTEES - PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE

##### Dissertation Committee Chair/Primary Advisor

(In progress) R. Schaad, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) S. Fox, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) C. Shoshilos, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) M. Collins, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) A. Abraham, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) S. Yadin, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) I. Sokol, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) A. Kopacz, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) A. Caravaggio, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

Dissertation Committee Member

(In progress) A. Killoren, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) T. Bennett, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) S. Alvarez, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) T. Taylor, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

(In progress) R. Albanese, Doctoral Dissertation in Clinical Psychology at Philadelphia College of Osteopathic Medicine

**STUDENT RESEARCH COMMITTEES - HOLY FAMILY UNIVERSITY**

Dissertation Committee Chair/Primary Advisor

2021 S. Deendyal, Doctoral Dissertation in Counseling Psychology at Holy Family University:  
*The Effects of Sports-Related Concussions on Depression in Collegiate Student-Athletes*

2021 M. Genn, Doctoral Dissertation in Counseling Psychology at Holy Family University:  
*Nonattachment and its Relationship with Mental and Physical Health*

Dissertation Committee Member

(In progress) M. Fisher, Doctoral Dissertation in Counseling Psychology at Holy Family University

(In progress) D. Jah, Doctoral Dissertation in Counseling Psychology at Holy Family University

(In progress) J. Butler-Rivers, Doctoral Dissertation in Counseling Psychology at Holy Family University

(In progress) J. Rolling, Doctoral Dissertation in Counseling Psychology at Holy Family University

- 2023 E. Wyatt, Doctoral Dissertation in Counseling Psychology at Holy Family University: *Perspectives on Breaking the Code of Silence among Female Military Sexual Trauma Survivors*
- 2021 M. Meade, Doctoral Dissertation in Counseling Psychology: *The Impact of Ableist Microaggressions on Identity Formation among Adults with Disabilities*
- 2021 R. Fearon, Doctoral Dissertation in Counseling Psychology: *Understanding Factors Contributing to Burnout in Private Practice Settings*

### **INVITED LECTURES, WORKSHOPS, AND PRESENTATIONS**

- 2024 **Pediatric Grand Rounds: Lehigh Valley Reilly Children’s Hospital:** “Postpartum Mental Health”  
**The Center for Brief Therapy Practicum Didactics:** “Intimate Partner Violence: Identification, Screening, Assessment, and Safety Planning”  
**Pediatric Grand Rounds: Jefferson Abington Hospital:** “Parenting in the NICU: Psychological Responses to NICU Admission and Improving Psychosocial Support for Parents”
- 2023 **Rovinsky Lecture at Philadelphia College of Osteopathic Medicine:** “Understanding the Psychological Experience of NICU Parents and Supporting NICU Providers”  
**Drexel University Psychological Services Center:** “Acceptance and Commitment Therapy”  
**Cooper University Hospital Behavioral Medicine Seminar Series:** “Applying Acceptance and Commitment Therapy (ACT) in Behavioral Medicine Settings”  
**Penn Women’s Health/Gender Related and Nurse Midwifery Programs:** “Birth Trauma and Reproductive Loss: Prevention, Management, and Providing Support for Perinatal Providers”  
**Medical Students for Choice and Clinical PsyD Program Presentation:** “Supporting Patients through Pregnancy Loss” (co-presented with Dr. Kristen Hawk-Purcell)  
**The Center for Brief Therapy Practicum Didactics:** “Mandated Reporting: Child Neglect, Physical Abuse, and Sexual Abuse”  
**Neonatology Grand Rounds: Jefferson Abington Hospital:** “Parenting in the NICU: Psychological Responses to NICU Admission and Improving Psychosocial Support for Parents”  
**Sexual Assault Awareness Month Educational and Community-Based Discussion Event:** “The Importance of Trauma-Informed and Gender Inclusive Care”  
**Philadelphia College of Osteopathic Medicine Research Seminar Series:** “Psychological Experiences of Parents with an Infant in the Neonatal Intensive Care Unit”  
**The Center for Brief Therapy Intern Didactics:** “Mindfulness: Clinical Applications”

**Friends Hospital Intern Didactics** “Introduction to Acceptance and Commitment Therapy”

- 2022 **The Center for Brief Therapy Intern Didactics:** “Intimate Partner Violence: Identification, Screening, Assessment, and Safety Planning”  
**Lehigh Valley Reilly Children’s Hospital Neonatology Department:** “Understanding the Psychological Experience of NICU Parents”  
**Cooper University Hospital Behavioral Medicine Seminar Series:** “Applying Acceptance and Commitment Therapy (ACT) in Behavioral Medicine Settings”  
**Drexel University Psychological Services Center:** “Acceptance and Commitment Therapy”  
**Holy Family University Internship course:** “Introduction to Acceptance and Commitment Therapy”  
**Holy Family University Faculty Development Day:** “Introducing the Committee on Course Evaluations”  
**Holy Family University Faculty Development Day:** “Clinical Research with Postpartum Moms: Results and Lessons Learned from Taylor Grant-funded Study”  
**Oklahoma State University:** “Mindfulness: Clinical Applications”
- 2021 **Perinatal Special Interest Group of ACBS:** “The Use of Acceptance and Commitment Therapy Across Perinatal Populations”  
**Drexel University Psychological Services Center:** “Acceptance and Commitment Therapy”  
**Cooper University Hospital Behavioral Medicine Seminar Series:** “Applying Acceptance and Commitment Therapy (ACT) in Behavioral Medicine Settings”  
**Holy Family University Internship course:** “Introduction to Acceptance and Commitment Therapy”  
**Holy Family University Faculty Development Day:** “Experiential Learning and Authentic Assessment in the Remote Environment and Beyond”  
**The Children’s Hospital of Philadelphia Psychology Internship Professional Development Seminar:** “Work-Life Efficiency, Balance, and Integration”  
**The Cooper Health System Psychiatry Grand Rounds:** “Psychological Approaches to Treatment of Parents with NICU Infants”
- 2020 **Holy Family University Faculty Development Day:** “Using Shared Google Docs for In-Class Engagement”  
**Purdue University Northwest:** Panelist on “Health and Sports Psychology Panel” for First Year Experience in Psychology course  
**Cooper University Hospital Behavioral Medicine Seminar Series:** “Applying Acceptance and Commitment Therapy (ACT) in Behavioral Medicine Settings”  
**Drexel University Psychological Services Center:** “Acceptance and Commitment Therapy”  
**Holy Family University Advanced Theories course:** “Cognitive-Behavioral and Third-Wave Theories”  
**National Alliance on Mental Illness (NAMI) Bucks County:** “Ask the Doctors” Webinar  
**Drexel University:** Panelist on “Overview of Careers in Psychology Panel” in MS Psychology Professional Development course

- Drexel University:** “Meet Our Alum” Speaker Series  
**Holy Family University Tiger Talk:** The “4<sup>th</sup> Trimester”: Understanding and Improving the Postpartum Experience for Mothers and Families  
**The Children’s Hospital of Philadelphia Psychology Internship Professional Development Seminar:** “Work-Life Efficiency, Balance, and Integration”
- 2019 **Purdue University Northwest:** Panelist on “Health and Sports Psychology Panel” for First Year Experience in Psychology course  
**Cooper University Hospital Behavioral Medicine Seminar Series:** “Applying Acceptance and Commitment Therapy (ACT) in Behavioral Medicine Settings”  
**Drexel University Psychological Services Center:** “Acceptance and Commitment Therapy”  
**Holy Family University Faculty Development Day:** “Students’ Use of Laptops and Other Devices in Class: Does it Facilitate or Hinder the Learning Process?”  
**Cooper University Hospital Behavioral Medicine Seminar Series:** “Applying Acceptance and Commitment Therapy (ACT) in Behavioral Medicine Settings”  
**The Children’s Hospital of Philadelphia Psychology Internship Professional Development Seminar:** “Work-Life Balance”
- 2018 **Drexel University Psychological Services Center:** “Acceptance and Commitment Therapy”  
**Cooper University Hospital Behavioral Medicine Seminar Series:** “Applying Acceptance and Commitment Therapy (ACT) in Behavioral Medicine Settings”  
**Drexel University Psychological and Behavioral Factors in Medicine course:** “Intimate Partner Violence in Medical Settings: Identification, Screening, Assessment, and Safety Planning”  
**Holy Family University Psychotherapy Theories course:** “Introduction to Acceptance and Commitment Therapy”
- 2017 **Drexel University Psychological Services Center:** “Acceptance and Commitment Therapy”  
**Drexel University Psychological and Behavioral Factors in Medicine course:** “Intimate Partner Violence in Medical Settings: Identification, Screening, Assessment, and Safety Planning”
- 2016 **Drexel University Psychological and Behavioral Factors in Medicine course:** “Intimate Partner Violence in Medical Settings: Identification, Screening, Assessment, and Safety Planning”  
**Drexel University Psychological and Behavioral Factors in Medicine course:** “Perinatal Mental Health”  
**Drexel University Women’s Health Psychology course:** “Intimate Partner Violence”
- 2015 **University of North Carolina Center for Excellence in Eating Disorders Seminar Series:** “Acceptance and Commitment Therapy for Eating Disorders”  
**University of North Carolina Center for Women’s Mood Disorders Weekly Intern Didactics:** “Acceptance and Commitment Therapy”

- 2014 **Drexel University Office of Residential Living and Student Conduct Training Series:** “Fighting Against Stigmas Associated with Mental Health”  
**Cooper University Hospital Behavioral Medicine Seminar Series:** “Therapy and Assessment in a Medical Setting with Lesbian, Gay, Bisexual, and Transgender Clients”
- 2013 **Drexel University College of Medicine Staff Training:** “Stress Reduction and Conflict Resolution”  
**Cooper University Hospital Behavioral Medicine Seminar Series:** “Therapy and Assessment in a Medical Setting with Lesbian, Gay, Bisexual, and Transgender Clients”
- 2012 **Drexel University Physician Assistant Program:** “Understanding and Coping with Stress”  
**Drexel University Student Counseling Center In-Service Seminar:** “Motivational Interviewing: Counseling for Behavior Change”
- 2011 **Drexel University Physician Assistant Program:** “Understanding and Coping with Stress”  
**Drexel University Student Counseling Center Health and Wellness Workshop:** “Treating Vulnerable Populations: How Can We Care for all our Patients/Clients?”  
**Drexel University Women’s Health Psychology course:** “Intimate Partner Violence”
- 2010 **Drexel University College of Medicine Staff Training:** “Motivational Interviewing: The Intersection of Intimate Partner Violence and HIV Infection”  
**Drexel University Women’s Health Psychology course:** “Intimate Partner Violence”
- 2009 **Drexel University Women’s Health Psychology course:** “Intimate Partner Violence”

### HONORS AND AWARDS

- 2019 American Psychological Association Emerging Leaders in Psychology Participant
- 2015 2015 Graduate Research Award, Humanities and Social Sciences, Drexel University Research Day
- 2015 Office of Graduate Studies Travel Subsidy Award, Drexel University
- 2009 Outstanding Graduating Senior Award; College of Arts and Sciences Honors Day, Drexel University
- 2009 First Place Poster Presenter in the category of Undergraduate Student; Institute for Women’s Health and Leadership Annual Sex and Gender Research Forum, Drexel University College of Medicine

2008 Jeanne D. Brugger Award for the Outstanding Junior Psychology Major; College of Arts and Sciences Honors Day, Drexel University

**ADDITIONAL RELEVANT TRAINING**

2019 **Quality Matters Designing Your Online Course Training**, completed two-week training focused on Quality Matters rubrics and designing effective online courses

2016 **Interpersonal Therapy**, delivered by Bobbie Posmontier, Ph.D., CNM, PMHNP-BC \*\*\**Received Level A IPT Certification*

2013 **Problem Solving Therapy**, delivered by Arthur M. Nezu, Ph.D., ABPP and Christine Maguth Nezu, Ph.D., ABPP

2010 **Structured Clinical Interview for DSM-IV (SCID-I and SCID-II)**, led by Dr. Pamela A. Geller, Ph.D.

**PROFESSIONAL SERVICE**

2020 – present **Project SHORT Mentor**  
 Providing pro-bono consulting and mentorship surrounding the psychology PhD/PsyD application process for applicants from underrepresented backgrounds. Project SHORT’s goal is to combat socioeconomic and systemic inequalities in the graduate school admissions process by supporting applicants from diverse, underrepresented backgrounds.

2019 - present **Abstract Review Committee**  
 Women’s Health Topic Area (Society of Behavioral Medicine Annual Meeting and Scientific Sessions)

2018 - present **Abstract Review Committee**  
 Women’s Health Special Interest Group (Society of Behavioral Medicine Annual Meeting and Scientific Sessions)

2016 - 2018 **Sex and Gender Research Forum Program Coordinator**  
 Institute for Women’s Health and Leadership  
 Drexel University College of Medicine

**ACADEMIC SERVICE**

**Philadelphia College of Osteopathic Medicine – Service to College**

2024 Research Day Committee Chair – Philadelphia Campus

2023 Research Day Committee - Philadelphia Campus  
 Research Day Sub-committee - Poster Judging

2023 Planning Committee for Sexual Assault Awareness Month event on Sexual Assault/Sexual Violence in LGBTQIA+ Community

2022 – present Research Committee

**Philadelphia College of Osteopathic Medicine – Service to Department of Clinical Psychology**

2022 – present Practicum Coordinator  
 STEPPS Coordinator  
 PsyD Admissions Committee  
 STEPPS Committee  
 Clinical Training Committee

**Holy Family University – Service to University**

2022 Committee on Course Evaluations

Curriculum Sub-committee of the University Justice, Diversity, Equity, and Inclusion Committee

2020 – 2022 Faculty Senate Scholarship Committee

2019 – 2022 Committee for the Oversight of Blended and Online Learning (COBOL)

2019 – 2022 Learning Management System (LMS) Working Group Committee

2019 Panelist: “A Community Conversation About Consent” as part of Sexual Assault Awareness Month (sponsored by Title IX office)

**Holy Family University – Service to School of Arts and Sciences**

2021 – 2022 Search Committee Membership  
*Graduate Counseling Psychology Search – School Counseling*  
 Successful in hiring new faculty member for the Graduate Counseling Psychology Department

2020 Search Committee Membership  
*Graduate Counseling Psychology Search – Art Therapy*  
 Successful in hiring new faculty member for the Graduate Counseling Psychology Department

**Holy Family University – Service to Graduate Counseling Psychology Department**

2021 Faculty advisor, 2021 PsyD Ethics Forum

2021 – 2022 APA Continuing Education Committee Chair

- 2018 – 2022 PsyD Program Development Committee
- Assist in the continued development of the doctoral program with goal of APA accreditation (site visit anticipated 2021-2022 academic year)
  - Participate in new student information sessions as well admissions, interviews, and orientation processes
  - Participate in advising and overall evaluation of all students in the program
- 2019 – 2022 Psi Chi Honor Society Committee
- 2018 – 2022 PsyD Comprehensive Exam Committee
- 2018 – 2019 PsyD Ethics Forum Abstract Review Committee

### **EDITORIAL AND REVIEWER ACTIVITIES**

#### ***Editorial Board Member***

*Journal of Integrated Primary Care, Philadelphia College of Osteopathic Medicine*

#### ***Editorial Assistant***

*Women's Health Psychology* (Eds. Spiers, Geller, Kloss)

#### ***Ad-Hoc Journal Reviewer***

*African Journal of AIDS Research*

*Psychology, Health, and Medicine*

*Journal of Consulting and Clinical Psychology*

*Psychological Assessment*

*AIDS Care*

*Journal of Clinical Nursing*

*SAGE Open*

*Journal of Affective Disorders*

*Journal of Personality Disorders*

*British Journal of Clinical Psychology*

*Journal of Reproductive and Infant Psychology*

*Journal of Clinical Medicine*

*Journal of Women's Health Reports*

*Journal of Traumatic Stress*

### **PROFESSIONAL AFFILIATIONS**

American Psychological Association (APA)

American Psychological Association Division 2 – Teaching of Psychology

Pennsylvania Psychological Association (PPA)

Marcé Society of North America/ Perinatal Mental Health Society

Postpartum Support International

Association for Contextual and Behavioral Sciences (ACBS)

Association for Behavioral and Cognitive Therapies (ABCT)

Society of Behavioral Medicine (SBM)

National Perinatal Association