

Kelly Simonson, Ph.D.

EDUCATION AND LICENSURE

- 2008** **Licensed Psychologist**
License number PSY003245, Georgia
- 2003** **Licensed Psychologist**
License number 32148, Texas
- 2001** **Ph. D. Counseling Psychology**
The University of Akron (APA accredited), Akron, OH
Dissertation: "Perceptions of physical, sexual, and psychological abuse in relation to personal experience with interpersonal violence, witnessing parental violence and sexist beliefs"
Linda M. Subich, Ph.D., Chair
- 1997** **M.A. Psychology**
The University of Akron (APA accredited), Akron, OH
Thesis: "Rape perceptions as a function of sex-role traditionality and victim-perpetrator association"
Linda M. Subich, Ph.D., Chair
- 1994** **B.S. Psychology with a Minor in Sociology**
University of Richmond, Richmond, VA

CLINICAL EXPERIENCE

- 6/24 to present** **Owner/ Psychologist**
Getting Real Counseling Center, Athens, GA
- Provide long- and short-term individual and couples therapy.
 - Provide supervision of therapy for 6 individuals pursuing licensure.
 - Do all administrative and billing activities for the practice.
- 1/09 to 6/24** **Psychologist/Consultant**
Individual Private Practice, Athens, GA
- Provide long- and short-term individual and couples therapy.
 - Areas of specialty: eating disorders, LGBTQ population, trauma, self-injury
- 7/09 to 9/12** **Assistant Director for Consultation and Outreach**
Counseling and Psychiatric Services (CAPS), University of Georgia, Athens, GA
- Coordinate the provision of outreach activities, establish liaison relationships with on- and off-campus resources, and coordinate the provision of educational programming within CAPS.
 - Administratively supervise professional staff in the provision of counseling services and conduct annual performance reviews.
 - Supervise post-doctoral fellows in the provision of therapy.
 - Provide short-term individual and group therapy, intake interviews, crisis intervention, and outreach services to university community.
 - Lead the Eating Disorders Treatment Team
 - Serve on the Training Committee
 - Study Abroad Risk Assessment Advisory Board Member
 - Safe Space Trainer

**9/08 to
6/09**

Licensed Psychologist

Counseling and Psychiatric Services (CAPS), University of Georgia, Athens, GA

- Provide short-term individual and group therapy, intake interviews, crisis intervention, and outreach services to university community.
- Serve on the Eating Disorders Treatment team, Training Committee, provide services to the LGBT Rainbow Chat group, and work with the One World Multicultural Residential Community.
- Provide supervision of post-doctoral fellows and practicum students from the counseling program.

**8/05 to
7/08**

Licensed Psychologist/ Practicum Coordinator

Counseling Center, Texas Woman's University, Denton, TX

- Oversee training of four masters and doctoral-level practicum students from a counseling psychology program. Co-led weekly training seminar for students including didactic and supervisory components. Provide weekly supervision for pre-doctoral intern who is co-leading the practicum seminar.
- Provide short-term individual, couples, and group therapy, intake interviews, crisis intervention, vocational and personality assessments supervision, and outreach/consultation services for a predominantly female university population.
- Led or co-led process-oriented and psychoeducational groups, including groups for overcoming emotional eating, body image concerns and increasing assertiveness.
- Provide clinical supervision for pre-doctoral interns, including videotape review, weekly supervision meetings, and evaluation of clinical and professional skill development.
- Serve on the Trainee Committee within the Counseling Center, Intern Selection Committee, and the PEACE (Prevention, Education, and Assistance for Concerns with Eating) Team

**9/01 to
8/05**

Licensed Psychologist/ Cultural Diversity Liaison

Counseling Center, Texas Woman's University, Denton, TX

- Provided weekly supervision for pre-doctoral intern participating in the Diversity Rotation, including preparation for diversity trainings and facilitating exploration of trainees' biases.
- Responsible for training and consultation on diversity issues and competent multicultural counseling practice for counseling center staff and trainees. Served as liaison to the university community for diversity issues, including designing and presenting workshops on a variety of diversity issues and coordinating programs with the Office for Intercultural Services.
- Provided short-term individual, couples, and group therapy, intake interviews, crisis intervention, vocational and personality assessments supervision, and outreach/consultation services for a predominantly female university population.
- Led or co-led process-oriented and psychoeducational groups, including groups for lesbian and bisexual women, assertiveness, adult children of dysfunctional families, overcoming emotional eating, and body image concerns.
- Provided clinical supervision for pre-doctoral interns as well as masters and doctoral level practicum students, including videotape review, weekly supervision meetings, and evaluation of clinical and professional skill development.
- Served on the trainee committee within the Counseling Center, Intern Selection Committee, the International Education Scholarship Committee, and served as advisor to PRIDE, the student organization for LGBTQ students.
- Created and led the PEACE (Prevention, Education, and Assistance for Concerns with Eating) Team.

- 9/04 to 6/08** **Psychologist/Consultant**
Individual Private Practice, Denton, TX
- Provide long- and short-term individual therapy.
- 9/02 to 9/04** **Psychologist/Consultant**
Chrysalis Program, Group Private Practice, Denton, TX
- Provided long- and short-term individual and group therapy.
 - Co-created content of educational content for intensive outpatient program.
 - Provided group therapy for intensive outpatient program focused on the treatment of eating disorders.
 - Participated in multidisciplinary staff meetings, case review, and treatment planning for clients with eating disorders.
- 8/00 to 8/01** **Post-Doctoral Fellow**
Eating Disorders Recovery Center of Athens, Group Private Practice, Athens, GA
- Provided long- and short-term individual, couples, and group therapy, intake interviews, crisis intervention, and designed and presented outreach programs.
 - Provided process-oriented and psychoeducational group therapy for intensive outpatient program focused on the treatment of eating disorders. Specific groups provided including issues of body image, self-nurturance, meal choices, and sexual abuse recovery.
- 8/99 to 7/00** **Pre-doctoral Psychology Intern**
Counseling and Testing Center, University of Georgia (APA accredited), Athens, GA
- Provided long- and short-term individual and group counseling for personal and career concerns, intake interviews, vocational and personality assessments, designed and presented outreach programs, taught a Choosing a Major/Career counseling class and participated in training seminars.
 - Co-facilitated weekly support group for gay and bisexual men. Assisted with group screening and intakes.
 - Participated on the Intern Selection Committee, the Eating Disorders Treatment Team, and the Outreach and Career Services Committees.
- 8/98 to 5/99** **Practicum Trainee**
The Health and Counseling Center, Kenyon College, Gambier, OH
- Provided long- and short-term individual and group counseling for personal and career concerns, crisis intervention, intake interviews, vocational and personality assessments, and designed and presented outreach programs.
 - Co-facilitated weekly support group for sexual abuse and sexual assault survivors.
 - Consulted with health providers about clients with eating disorders.
- 7/98 to 10/98** **Support Group Facilitator**
YWCA, Akron, OH
- Facilitated biweekly support group for sexual abuse and sexual assault survivors.

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8/97 to
5/98**Practicum Trainee**

The Counseling, Testing, and Career Center, The University of Akron, Akron, OH

- Provided long- and short-term individual counseling for personal and career concerns, intake interviews, vocational and personality assessments, participated in training seminars, and designed and presented outreach programs.
- Participated on the Eating Disorder Treatment Team.

8/97 to
12/97**Supervisor**

Clinic for Child Study and Family Therapy, The University of Akron

- Provided clinical supervision for two masters level students, including videotape review and weekly supervision meetings.

8/97 to
8/98**Psychological Assistant**

Private practice, Tallmadge, OH

Administered, scored, and interpreted intelligence, memory and reading tests (WAIS-III, WISC-III, WPPSI-R, WRAT-3, Nelson-Denny Reading Test, Wechsler Memory Scale-III, and the Bender Gestalt Scale) as part of an assessment battery for disability and Social Security claims.

1/96 to
7/99**Rape and Sexual Assault Services Crisis Hotline Worker**

YWCA, Akron, OH

Provided counseling and resource information for sexual assault survivors, domestic violence victims, potentially suicidal callers and their families and friends.

8/96 to
6/97**Psychological Assistant**

Private practice, Canton, OH

Administered, scored, and interpreted intelligence tests (WAIS-R, Nelson-Denny Reading Test, and the Wechsler Memory Scale) and wrote reports as part of an assessment battery for disability and Social Security claims.

8/95 to
5/97**Practicum Trainee**

The Department of Psychology Counseling Clinic, The University of Akron

- Provided long- and short-term individual and couples counseling for personal and career concerns, intake interviews, vocational and personality assessments, participated in training seminars, and designed and presented outreach programs.

1/94 to
5/94**Intern**

Sexual Assault Division, YWCA, Richmond, VA

- Provided short-term individual and group counseling for sexual assault survivors, fielded crisis hotline calls, presented community outreach programs, and assisted with administrative tasks.
- Co-facilitated an eight week support group for child sexual abuse survivors who live in a drug rehabilitation center.

RELATED EXPERIENCE

- 5/11 Cluster Facilitator**
LeaderShape
- Served as nominated Cluster Facilitator for student leaders at a week-long retreat focused on developing leadership skills.
- 3/02 to present Facilitator**
National Coalition Building Coalition (NCBI)
- Facilitate workshops through the NCBI curriculum focused on Building Community through Welcoming Diversity, Conflict Resolution, and Violence Reduction.
- 4/02 to 4/08 Test administrator**
Texas Woman's University, Denton, TX
- Coordinated and administered local administrations of the SAT (Scholastic Achievement Test) and the CHES (Certified Health Education Specialist) examination.
- 10/00 to 8/01 Office Administrator/Billing Coordinator**
Eating Disorder Recovery Center of Athens, Group Private Practice, Athens, GA
- Posted all charges and payments for counseling services, created and managed insurance claims, managed payroll responsibilities, and handled general administrative duties in the office.
- 8/92 to 5/94 Resident Assistant**
University of Richmond, Richmond, VA
- Provided supervision for 64 residents of on-campus housing. Advised students on issues such as depression, stress and time management, eating disorders, alcohol use and abuse, and sexual assault issues, designed and presented lifestyle programs (e.g., alcohol use and abuse, sexual assault, HIV/AIDS information and prevention, and stress/time management), and handled disciplinary matters.

OUTREACH AND CONSULTATION EXPERIENCE

Presented multiple outreach presentations yearly since 1993, some of the topics presented include:

- Improving body image
- Body image and cultural groups
- Identifying eating disorders
- Helping a friend with an eating disorder
- Causes of eating disorders
- Working with diverse people
- Myers-Briggs Type Inventory and leadership style
- Self-injury issues
- International students issues
- Recognizing emotional distress in students
- Stress management
- Increasing assertiveness
- Juggling multiple roles
- Relationship violence issues
- Sexual assault issues and prevention
- LGBT issues and being an ally
- Communication skills
- Career development/ Choosing a major
- Study skills
- Male-female relationships

CONFERENCE AND PROFESSIONAL PRESENTATIONS

- 3/11 LGBTQ Competency Enhancement** (Miracle, J., *Case-Simonson, K.* & Janousek, K.)
Southern College Health Association Annual Conference, Athens, GA
- 3/11 Psychological-Medical Clinician Collaboration: The Opportunities of Working in an Integrated Center** (Zanone, C., Forehand, R., & *Case-Simonson, K.*)
Southern College Health Association Annual Conference, Athens, GA
- 4/08 Self-injury: Who does it, why, and what can be done? Pre-Conference Workshop** (*Simonson, K.*)

Understanding and Challenging Lesser Known Privileges and Oppressions (*Simonson, K.* & Moore, S.)
American College Personnel Association Annual Conference, Atlanta, GA
- 2/08 Training and supervision: A relational and feminist perspective.** (Lucero-Miller, D., Cruz, C. *Simonson, K.*, & Loudon, L.)
Texas University Counseling Center Conference, Clear Lake, TX
- 4/07 An evening with Lauren Greenfield: Body image, identity and our culture's conflicting Messages**
Texas Woman's University
Participated as part of a panel to discuss "THIN" movie and book with the author
- 1/07 Eating disorders and the impact on athletes**
Presented to student athletes as part of panel on the relations between disordered eating, amenorrhea, and osteoporosis
- 9/06 When does body size matter? Size discrimination as it interacts with sexism, racism and classism**
The Bridge into the 21st Century, Inc. Conference, Diversity: The Focus, Dallas, TX
- 3/06 When does body size matter? Size discrimination as it interacts with sexism, racism and classism** (*Simonson, K.*)

Creating a feminist training environment (Lucero-Miller, D., Bruns, C., & *Simonson, K.*)

The intersection of sexuality, spirituality, and culture: Therapists' self-awareness and clinical implications (Stabb, S.D., Mollen, D., Bruckner, K., Cruz, C., *Simonson, K.*, & Vyas, A.)

Association for Women in Psychology 31st Annual Conference, Ypsilanti, MI
- 3/06 When does body size matter? Size discrimination on campus**
American College Personnel Association, Annual Conference, Indianapolis, IN
- 4/05 When does body size matter? Size oppression and women of color**
Women of Color Conference, Texas Woman's University, Denton, TX
- 3/05 When does body size matter? Size oppression and women of color**
Women of Color Conference, University of North Texas, Denton, TX
- 12/04 Class Oppression and Bias**
Presentation to NCBI Trainers, North Texas Chapter, Denton, TX

- 9/04 When does Body Size Matter?**
National Customer Service Week, University of North Texas, Denton, TX
- 6/04 Heterosexism, Homophobia and Sexism**
Presentation to NCBI Trainers, North Texas Chapter, Denton, TX
- 2/04 NCBI Building Community Through Welcoming Diversity** (presented approximately
to 12 times for university classes, human resources, and community members)
5/08 University of North Texas, Denton, TX
- 11/04 Hunger Banquet**
11/03 Program to raise awareness of world hunger issues, Texas Woman's University
- 9/04 Game of Life**
10/03 Program to raise awareness of the impact of race/ethnicity, disability status, gender, and sexual orientation on people's lives, Texas Woman's University
- 9/03 Size Oppression and Bias**
Presentation to NCBI Trainers, North Texas Chapter, Denton, TX
- 8/03 Self-Injury/Self-mutilation**
Training on self-injury concerns and treatment for Student Health Services staff, Texas Woman's University
- 7/03 NCBI Conflict Resolution**
Presentation to Retired Senior Volunteer Program, Denton, TX
- 2/03 Promoting Diversity Issues as a New Staff Member**
Texas University Counseling Centers Annual Intern Conference, Denton, TX
- 2/03 Preparing for the EPPP Exam**
Texas University Counseling Centers Annual Intern Conference, Denton, TX
- 4/02 Diversity Institute**
to 4/05 Coordinate and present four-hour workshop each semester for university students on diversity issues, Texas Woman's University
- 3/02 Diversity Issues and the Impact on Sexual Assault Recovery and Advocacy**
to 4/05 Friends of the Family Sexual Assault Advocate Training, Denton, TX
Co-led two-hour workshop each semester for volunteers training to be sexual assault advocacy workers.
- 9/01 Diversity Seminar Facilitator**
to 8/05 Texas Woman's University Counseling Center, Denton, TX
- Facilitate Professional Issues Seminars for pre-doctoral interns and masters and doctoral level practicum students. Seminars focus on competency in multicultural counseling, including issues of race/ethnicity, age, gender, class, body size, sexual orientation, ablebodiedness, and religion/spirituality.

Diversity seminars led or co-led:

- Lesbian, gay and bisexual issues
- White privilege
- Size oppression
- Social class
- Heterosexism/Homophobia
- Lesbian, gay, and bisexual people of color
- Religion/Spirituality issues in therapy

Other professional issues seminars co-led:

- Self-Injury/Self-Mutilation

8/97 Psychometric Analysis of the Expectations about Counseling Questionnaire-Brief form (Hardin, S.I., Subich, L.M., Tokar, D.M., Jome, L.M., & *Simonson, K.J.*)
American Psychological Association conference, Chicago.

3/97 Basics of Partner Violence, Toledo, OH
Training for parole officers in the Northeast Ohio area

4/94 A Comparison of the Kolb Learning Style Inventory and the Myers-Briggs Type Indicator (Gaumer, C., *Simonson, K.*, & Tromater, J.)
Southeast Psychological Association conference, New Orleans.

TEACHING EXPERIENCE

1/08 to 5/08 Instructor, Psychology of Women
Texas Woman's University, Denton, TX

Developed and taught a graduate-level Psychology of women class for counseling psychology masters and doctoral level students. Class size is 10.

9/07 to 12/07 Instructor, Ethics in Psychology
Texas Woman's University, Denton, TX

Developed and taught a graduate-level Ethics in Psychology class for counseling and school psychology masters and doctoral level students. Class size was 26.

8/99 to 5/00 Instructor, Choosing a Major and Career Goal
University of Georgia, Athens, GA

Taught a Choosing a Major class which focused on exploration of students' values, skills/abilities, interests, and personality characteristics that may influence choice of a major and career. Administered and interpreted several career and personality inventories. Class size was 20.

8/96 to 6/99 Instructor, Developmental Psychology
The University of Akron, Akron, OH

Taught five sections of a Lifespan Developmental Psychology class. Prepared all lectures and tests. Topics include discussion of biological, psychological, and social issues that impact humans from birth to death. Classes included students with a wide range of majors including psychology, education, nursing, and physical therapy. Class size ranged from 25-80.

**8/95 to
5/96** **Instructor, Introduction to Psychology**
The University of Akron, Akron, OH

Taught four sections of an introductory course in psychology. Class size ranged from 30-45.

GUEST LECTURES

10/07 **Exploring the impact of physical, sexual and emotional abuse**
10/06, 4/06 Family Science and Health Education classes, Texas Woman's University

2/03 **Sexism and gender discrimination in education**
Education undergraduate class, Texas Woman's University

4/03 **Beneath the Surface: Causes of Eating Disorders**
10/02 Health Education undergraduate class, Texas Woman's University

3/04, 3/03 **Sexual Assault, Sexual Harassment, and Relationship Violence Issues**
3/02 Psychology of Women graduate class, Texas Woman's University

4/02 **Group Therapy for People with Eating Disorders**
Nutrition graduate class, Texas Woman's University

2/02 **Binge Eating Disorder/Compulsive Overeating**
Nutrition graduate class, Texas Woman's University

PROFESSIONAL ACTIVITIES

**1/09 to
9/12** **Member and Chair, Search Committees for CAPS staff members, UGA**
Was member of an chaired searches for psychologists, social workers, licensed professional counselors, case managers, administrative staff, and trainees to work at Counseling and Psychiatric Services

**1/08 to 7/08
4/03** **Member, Student Life Retreat Planning Committee, Texas Woman's University**
Worked with a team of staff members from multiple divisions within Student Life to plan a day long retreat for approximately 120 participants.

**1/06-1/09
1/11 to 1/14** **Elected Member of the Commission for Counseling and Psychological Services (CCAPS) Directorate of the American College Personnel Association (ACPA), serve on the Programming Committee**

3/04 **Member, Search Committee for Office of Intercultural Services**
Worked with a team of staff members and students to evaluate applications and perform interviews in order to hire director of the Office of Intercultural Services.

12/02 **Reviewer, ACPA Standing Committee for Women Awards**
Reviewed nominations for several awards for the Standing Committee for Women for the American College Personnel Association.

- 9/02**
9/06
9/07
the
- Reviewer, ACPA Convention 2003 programs**
Reviewed potential convention programs for the commission on counseling centers for the American College Personnel Association.
- 10/01 to present**
- Member, PEACE (Prevention, Education, and Assistance for Concerns with Eating) Team**
Texas Woman's University
- Coordinate multidisciplinary team to provide consultation and psychological services to students with eating concerns, design and present psychoeducational outreaches, and assist with planning and implementation of Body Beautiful Week.
- 9/01 to 1/07**
- Advisor, PRIDE (gay, lesbian, bisexual, transgender and straight ally student organization)**
Texas Woman's University
- Provide administrative and mentoring support to LGBTQ student organization. Assist with planning and implementation of large outdoor music festival, PRIDEfest.
- 10/01 to 8/05**
- Member, International Education Scholarship Committee**
Texas Woman's University
- Work with a team of staff members and students to evaluate applications and award money to undergraduate and graduate students interested in studying abroad.
- 11/99 to 2/00**
- Member, Intern Selection Committee**
University of Georgia
- Worked with a team of interns and staff members to evaluate applications and conduct interviews to choose new interns.
- 3/00 to 8/00**
- Team Member/Co-Author, APA site accreditation visit materials**
University of Georgia
- Assisted gathering information and writing the proposal for the 2001 APA site accreditation visit for the Counseling and Testing Center.
- 10/97 to 4/97**
- Member, Counseling Psychology Faculty Search Committee**
The University of Akron
- Worked with a team of eight faculty members and students to evaluate applications and perform interviews in order to hire a new faculty member.
- 10/97 to 12/97**
- Co-author, Counseling Psychology Department Handbook**
The University of Akron
- Helped to write and revise a practical handbook for counseling psychology graduate students.
- 10/97**
- Team Member/Co-author, APA site accreditation visit materials**
The University of Akron
- Assisted gathering the information and writing the proposal for the 1998 APA site accreditation visit for the Counseling Psychology department.

8/96 to 5/97 **Mentor**
The University of Akron

Served as a mentor for two first year counseling psychology graduate students.

8/95 to 5/97 **First year counseling psychology graduate student support group**
The University of Akron

Co-facilitated a support group for first year counseling psychology graduate students.

PUBLICATIONS

Stabb, S.D., Mollen, D., Cruz, C., *Simonson, K.*, Vyas, A., & Brucker, K.H. (2007). Five therapists' personal and professional reflections and integration. Women & Therapy Special Edition: Women's Sexuality & Spirituality, 31 (1).

Stabb, S.D., Mollen, D., Cruz, C., *Simonson, K.*, Vyas, A., & Brucker, K.H. (2007). Five therapists' personal and professional reflections and integration. In Mahoney, A. & Espin, O.M. (Eds.), Sin or salvation: The relationship between sexuality and spirituality in psychotherapy. Binghamton, NY: The Haworth Press, Inc.

Subich, L.M., & *Simonson, K.* (2001). Career counseling: The evolution of theory. In F.T.L. Leong, & A. Barak (Eds.), Contemporary models in vocational psychology: A volume in honor of Samuel H. Osipow. Mahwah, NJ: Lawrence Erlbaum Associates.

Simonson, K., & Subich, L.M. (1999). Rape perceptions as a function of sex-role traditionality and victim-perpetrator association. Sex Roles, 40(7/8), 617-634.

RESEARCH EXPERIENCE

Completed 12/00 **Doctoral Dissertation**
The University of Akron

"Perceptions of physical, sexual, and psychological abuse in relation to personal experience with interpersonal violence, witnessing parental violence and sexist beliefs"

7/98 to 5/99 **Grant Coordinator**
The University of Akron

Coordinated research team composed of faculty and first-year graduate students working on NIMH grant proposal focusing on measures of women's experience of oppression (e.g., sexual assault, battering, sexual harassment, sexism).

5/97 to 12/97 **Research Assistant**
The University of Akron

Co-authored a book chapter on career counseling and prepared research to be presented at the 1998 national APA conference and to be published. Wrote the introduction to one of the projects and did many of the analyses of the data.

Completed 6/97 **Masters Thesis**
"Rape perceptions as a function of sex-role traditionality and victim-perpetrator association"

**8/93 to
5/94** **Research Assistant**
University of Richmond

Designed study, collected and analyzed data, and wrote the literature review and discussion for a project comparing the Kolb Learning Style Inventory with the Myers-Briggs Type Indicator.

**1/93 to
5/93** **Research Assistant**
University of Richmond

Collected literature, tested participants, analyzed the data, and wrote up the results for studies concerning altruism and helping behaviors.

PROFESSIONAL AFFILIATIONS AND HONORS

- 2011-2014 Elected Member of the Commission for Counseling and Psychological Services (CCAPS) Directorate of the American College Personnel Association (ACPA)
- 2010 Outstanding Supervisory Practitioner
APA Division 17 (Counseling Psychology) Section for Supervision and Training
- 2006-2009 Elected Member of the Commission for Counseling and Psychological Services (CCAPS) Directorate of the American College Personnel Association (ACPA)
- 2003 Outstanding Team Award for the PEACE Team, Texas Woman's University Student Life Award
- 2002 to 2008 National Coalition Building Institute
- 1999 to present American College Personnel Association
Commission for Counseling and Psychological Services
Standing Committee for Women
Standing Committee for Lesbian, Gay, Bisexual and Transgender Awareness
Standing Committee for Multicultural Affairs
- 1994 to 2003 American Psychological Association
Division 17 (Counseling Psychology)
Division 35 (Psychology of Women)
Division 44 (Society for the Psychological Study of Lesbian, Gay and Bisexual Issues)
Division 51 (The Society for the Psychological Study of Men and Masculinity)

Phi Beta Kappa