

**By the end of this training, participants will be able to:**

1. **Identify** the prevalence and clinical significance of the overlap between neurodivergence and eating disorders, including research indicating that up to 40% of individuals with anorexia may be autistic.
2. **Describe** how neurodivergence can influence the presentation, development, and maintenance of eating disorder symptoms.
3. **Analyze** the intersections of eating disorders, neurodivergence, and queer identities, and how these intersections may impact assessment, case conceptualization, and treatment planning.
4. **Apply** strategies for tailoring communication and interventions to meet the unique needs of neurodivergent clients with eating disorders, including adapting to differences in processing, sensory experiences, and social communication styles.
5. **Evaluate** the influence of cultural pressures, body dysphoria, and systemic barriers on the experiences of queer clients with eating disorders.
6. **Critique** outdated or overly rigid therapeutic approaches to eating disorders and advocate for individualized, flexible, and identity-affirming care.
7. **Integrate** knowledge from the fields of neurodivergence, eating disorder treatment, and LGBTQ+ affirmative therapy to provide holistic, culturally responsive clinical support.