

Learning Objectives for Ketamine-Assisted Psychotherapy (KAP) Training

By the end of this training, participants will be able to:

1. **Identify** the key safety considerations in ketamine-assisted psychotherapy, including client screening, dosage protocols, and monitoring requirements.
2. **Differentiate** between medical IV ketamine clinics and KAP approaches that integrate psychotherapy, highlighting the implications for clinical practice.
3. **Evaluate** the qualifications and training requirements for therapists providing KAP, including ethical considerations and scope of practice.
4. **Apply** Internal Family Systems (IFS) or similar therapeutic frameworks to support client preparation, experience, and post-session integration.
5. **Assess** which clients may benefit from ketamine treatment and articulate criteria for referral or inclusion in a KAP program.
6. **Contextualize** ketamine's role within the broader field of psychedelic-assisted therapies, noting its unique legal status, accessibility,